

HOSPITALS FOR MENTAL DISEASES.

HOSPITALS FOR MENTAL DISEASES RETURN.

Question I. (Statistical).

MALTA

GENERAL STATISTICAL TABLE.

	Number of patients admitted during 1925	Of the foregoing, number believed to be suffering from their first attack of insanity	Daily Average Number of patients during 1925	Number of Nurses on 31st December 1925				No. of patients Discharged during 1925						Average duration of residence of those who, in 1925, were discharged	No. of Patients in residence (i.e. on the books of the Institution) on 31. 12. 1925			
				Resident		Non-Resident		Not Insane	Reconvalescent	Relieved	Not Imp. Dis.	Not Improved	Transferred to C. M. H.			Died	Were discharged	Remained at the end of 1925
				Employed in Nursing the Patients	Employed in Services or only partially so	Employed in Nursing the Patients	Employed in Services or only partially so											
Male...	126	76	457	54	18	—	7	5	39	23	18	9	—	14	days 3514	days 623	days 3549	461*
Female	69	51	376	43	3	—	11	1	24	14	7	3	1	20	1773	232	4001	377
Total	195	127	833	97	21	—	18	9	63	37	25	12	1	34	2394	427	3775	838

\* The above number includes a patient temporarily transferred to Connaught Hospital.

OBITUARY TABLE.

Number of deceased on Register	Age of deceased	Sex of deceased	Daily condition on admission	Form of Mental Disorder	Date of Admission	Cause of Death	Whether a Curator's Inquest was held and what was the Verdict	Whether a Post Mortem Examination was held
740	30	Male	Weak	Dementia Paralytica ...	3.12. 1905	Dementia Paralytica ...	No.	No.
7414	61	"	Do.	Melancholia (Involutional) ...	4. 5. 1905	Exhaustion from Melancholia...		
7323	51	"	Do.	Arteriopathic Psychosis ...	11. 9. 1904	Cerebral Haemorrhage ...		
7390	10	"	Good	Imbecility (with Epilepsy) ...	20.11. 1901	Status Epilepticus ...		
6615	19	"	Do.	Epileptic Psychosis ...	22. 5. 1928	Do. ...		
7553	50	"	Weak	Anxiety Neurosis ...	3. 6. 1930	Cancer of Stomach ...		
7504	63	"	Do.	Arteriopathic Psychosis ...	15. 1. 1936	Cerebral Haemorrhage ...		
7577	59	"	Do.	Do. Do. ...	23. 7. 1936	Exhaustion from Mania...		
6495	55	"	Good	Delusional State ...	24.11. 1929	Valvular Heart Disease...		
7513	61	"	Do.	Arteriopathic Psychosis ...	1. 2. 1936	Cerebral Haemorrhage ...		
7558	68	"	Weak	Dementia Paralytica ...	15. 6. 1936	Dementia Paralytica ...		
7616	66	"	Do.	Arteriopathic Psychosis ...	16.11. 1936	Cerebral Haemorrhage ...		
7349	46	"	Do.	Huntington's Chorea ...	10.11. 1934	Valvular Heart Disease...		
5176	59	"	Good	Imbecility ...	30. 1. 1913	Do. ...		
4500	42	Female	Weak	Paraphrenia ...	8. 9. 1924	Pulmonary Tuberculosis ...		
5328	35	"	Do.	Melancholia ...	18. 6. 1925	Exhaustion from Melancholia...		
3873	53	"	Good	Dementia Praecox ...	21.10. 1914	Enteritis ...		
4570	81	"	Do.	Arteriopathic Psychosis ...	17. 7. 1925	Heart Failure ...		
2290	85	"	Do.	Manic Depressive Psychosis ...	24. 5. 1885	Fatty Degeneration of Heart ...		
4467	38	"	Do.	Dementia Praecox ...	27. 3. 1924	Valvular Heart Disease...		
5378	70	"	Weak	Arteriopathic Psychosis ...	30.12. 1935	Senile Decay ...		
5283	70	"	Do.	Do. Do. ...	23. 1. 1936	Valvular Heart Disease...		
5232	82	"	Do.	Do. Do. ...	17. 4. 1934	Cerebral Haemorrhage ...		
5293	31	"	Do.	Melancholia ...	3. 9. 1914	Undulant Fever ...		
5416	78	"	Do.	Arteriopathic Psychosis ...	25. 5. 1936	Gangrene of foot ...		
5138	61	"	Do.	Manic Depressive Psychosis ...	5. 3. 1931	Cancer of stomach ...		
5396	113	"	Do.	Melancholia ...	20.10. 1915	Pulmonary Tuberculosis ...		
5417	49	"	Do.	Confusional State ...	30. 6. 1936	Cerebral Embolism ...		
4018	57	"	Good	Hysteria ...	21. 3. 1917	Valvular Heart Disease ...		
5119	34	"	Do.	Paraphrenia ...	1.11. 1932	Undulant Fever ...		
4571	72	"	Weak	Delusional Insanity ...	20. 7. 1925	Enteritis ...		
4865	49	"	Do.	Toxic Psychosis ...	19. 7. 1929	Valvular Heart Disease...		
4005	42	"	Good	Hysteria ...	9.11. 1916	Diabetes ...		
4069	53	"	Do.	Dementia Praecox ...	11.12. 1917	Do. ...		

## HOSPITALS FOR MENTAL DISEASES RETURN.

## SPACE AND ACCOMMODATION TABLE.

Description of Rooms	Number of such Rooms	Gross Cubic Space of all such Rooms	Gross Superficial Area of all such Rooms	Amount of superficial space allowed per Patient	Height of Rooms. Each different height to be specified with Number of Rooms of each height	Average Temperature		Total Area of Window Space
						Winter	Summer	
Dormitories ... ..	96	Foot 920,246	Square Feet 47,980	Square Feet 57.3	17 feet for large dormitories and halls, and 15' 3" for the smaller ones.	55°	50°	Sq. feet 8,148
Day Rooms and Corridors used as Day Rooms	32	729,982	40,682	48.5	In the convalescent ward 3 Dormitories and 2 Day Rooms 12' 10"; 1 Dormitory 14' 8"; Corridor 11' 3".			4,235
Single Rooms ... ..	73	122,475	7,658	104.0				1,081

What is the source of the Water Supply ; the quality of the Water ; and the amount of Water available for all purposes, expressed in gallons per Patient per day ?

The source of the water supply is a natural spring ; the quality of the water is good and the quantity is unlimited.

## I. Lavatories—

What is the total number, and average number of Patients to each ?

40 — 21 patients.

## II. Baths—

- What is the total number, and average number of Patients to each ?
- How often are the Patients bathed ?
- Is fresh water given to every Patient ?
- Is the supply of hot water adequate ?
- Is a responsible official or nurse always present during bathing ?

34 — 24 patients.

As a rule, weekly ; wet patients daily.

Yes.

Yes.

Yes.

## III. Latrines—

What is the total number, and average number of Patients to each seat ?

45 — 19 patients.

## G O Z O.

## GENERAL STATISTICAL TABLE.

	Number of patients admitted during 1926	Of the foregoing, number believed to be suffering from their first attack of insanity	Daily Average Number of patients during 1926	Number of Nurses on 31st December 1926				No. of Patients discharged during 1926 — viz. transferred to the H. M. D. Malta	Number of Patients who died in 1926	Average duration of residence of those who, in 1926			No. of Patients in residence (i.e. on the books of the Institution) on 31st 1926
				Resident		Non-Resident				Died	Were discharged	Remained at the end of 1926	
				Employed in Nursing the Patients	Employed as Servants or only partially as Nurses	Employed in Nursing the Patients	Employed as Servants or only partially as Nurses						
Male...	7 *	6	97'344	6	5	—	2	9	4	719'5	126'4	1039'138	94
Female	5 †	4	95'319	6	—	—	1	3	4	956'75	1	919'268	93
Total	12	10	192'663	12	5	—	3	12	8	838'125	95'083	979'524	187

\* Seven Males provisionally admitted.

† One Female patient returned to this Hospital from Contagious Disease Hosp. whereto she was sent suffering from Scarlet Fever, and 3 provisionally admitted.

## HOSPITALS FOR MENTAL DISEASES RETURN.

## OBITUARY TABLE.

No. of deceased on Registers	Age of deceased	Sex of deceased	Build condition on admission	Form of Mental Disorder	Date of admission	Cause of Death	Whether a Coroner's Inquest was held and what was the verdict	Whether a Post Mortem Examination was held
21	66	Female	Weak	Arteriopathic Psychosis	31. 1. 1934	Senile Decay	No.	No.
24	81	"	Do.	Melancholia	31. 1. 1934	Do.		
42	85	"	Do.	Senile Dementia	22. 2. 1934	Do.		
70	77	"	Good	Dementia	22. 2. 1934	Do.		
71	69	Male	Weak	Epileptic Delirium	22. 1. 1934	Status Epilepticus		
90	75	"	Good	Lypomania	22. 2. 1934	Senile Decay	Yes Suicide	Yes.
105	76	"	Weak	Arteriopathic Psychosis	31. 8. 1934	Do.		
122	27	"	Good	Dementia Praecox	17.10. 1935	Stoppage of Central Circulation and consequent paralysis of Vital Centres		

## SPACE AND ACCOMODATION TABLE.

Description of Rooms	Number of such Rooms	Gross Cubic Space of all such Rooms	Gross Superficial Area of all such Rooms	Amount of Superficial Space allowed per Patient	Height of Rooms Each different height to be specified with number of Rooms of such height	Average Temperature		Total Area of Window Space
						Winter	Summer	
		Cubic feet	Square feet	Square feet				Square feet
Dormitories...	6	133,333.5	1,412.5	7,553.4	11 feet—all 6 Rooms	...	...	1,173
Day Rooms...	2	44,808.5	448.5	2,398.3	One 12 feet and one 11 feet	58.5°F	81°F	361
Single Rooms	4	4,000.5	111.75	0,507.50	Two 10.5 feet and two 9 feet	...	...	109.5

What is the source of water supply; the quality of the water and the amount of water available for all purposes expressed in gallons per Patient per day?

The source of the water supply is a natural spring; the quality of the water is good and the quantity of the water available per Patient is unlimited.

## I. Lavatories:—

What is the total number and average number of Patients to each?

20 — 9.35 patients to each.

## II. Baths:—

a) What is the total number, and average number of Patients to each?

4 — 46.75 patients to each.

b) How often are the Patients bathed?

As a rule, once a week; wet patients daily.

c) Is fresh water given to every Patient?

Yes.

d) Is the supply of hot water adequate?

Yes.

e) Is a responsible official or nurse always present during bathing?

Yes.

## III. Latrines:—

What is the total number, and average number of Patients to each seat?

19 — 9.8421 patients to each.

## HOSPITALS FOR MENTAL DISEASES RETURN.

## Question II. (Management).

## M A L T A.

Is a physical examination of each Patient made by a Medical Practitioner immediately on admission? Yes.

## RESTRAINT.

Restraint	Seclusion, i.e., the isolation of a Patient by the closing, by any means whatsoever, of the door of the room in which the Patient is, between one hour after the day-staff commence duty and 2 p.m.		Mechanical Restraint	
	Males	Females	Males	Females
The number of times resorted to ...	453	63	5	Nil.
The number of persons subjected to ...	77	22	1	Nil.
The greatest duration of, in any single instance	1 patient the whole year	1 patient the whole year	27 days	Nil.

In reference to the above table state:—

I. By whose authority Patients are restrained?

By the written authority of the Medical Officers.

II. What kinds of mechanical restraint are in use?

Strait jacket.

III. Whether any, and if any, how many cases of cruelty by nurses to patients have been brought to the notice of the proper authority, and what was the result in each case?

One; Dismissal from service.

IV. What was the number of cases of injury to patients—

a) Self-inflicted?

16 Slight.

b) By other Patients?

11 Slight

c) By Nurses?

Nil.

d) As the result of accident?

7 Slight.

## (OCCUPATION).

State the extent of—

(I) The airing court.

ACRES R.P.

1 1 20

(II) And other grounds.

11 1 37

Are the Patients, as a rule, given daily exercise, their health permitting?

Yes.

Are they confined to airing courts, or allowed to walk in other grounds, and sent beyond the Hospital?

} Belonging to the Hospital.

Are any means taken to amuse the patients or to induce them to amuse themselves? Detail them.

Some are confined in airing courts, some are allowed to walk in the grounds and some are sent beyond the Hospital.

Yes: cards and games, periodicals and dailies, charabanc trips, musical entertainments (radios and gramophones).

How many religious services were held in 1936?

567 services.

What was the average attendance?

99—Males 49. Females 50.

In what building and how many could it contain?

In the Chapel which has accommodation for 160 patients.

## HOSPITALS FOR MENTAL DISEASES RETURN.

## Daily Average Number of Patients who were employed in 1936.

Distinguishing the Sexes	Specifying the character of the Employment		
	Agriculture and gardening	Trade	Household work, Dressing Water &c.
Males ... ..	9	15	35
Females ... ..	—	37	34

## G O Z O .

Is a physical examination of each Patient made by a Medical Practitioner immediately on admission? Yes.

## RESTRAINT.

Restrain	Seclusion (i.e., the isolation of a Patient by the closing, by any means whatsoever, of the door of the room in which the Patient is, between one hour after the day-staff commence duty and 7 p.m.)		Mechanical Restrain	
	Males	Females	Males	Females
The number of times resorted to ...	Nil.	Nil.	Nil.	Nil.
The number of persons subjected to...	Nil.	Nil.	Nil.	Nil.
The greatest duration of, in any single instance	Nil.	Nil.	Nil.	Nil.

In reference to the above table state :—

I. By whose authority Patients are restrained?

By the written authority of the Medical Superintendent?

II. What kinds of mechanical restraint are in use?

None.

III. Whether any, and if any, how many cases of cruelty by nurses to patients have been brought to the notice of the proper authority, and what was the result in each case?

One; One female nurse who threatened to strike a patient was dismissed the service.

IV. What was the number of cases of injury to patients?

- Self-inflicted?
- By other patients?
- By Nurses?
- As the result of accident?

Six—slight One—fatal,  
 Eight—slight  
 Nil.  
 Two—slight.

## HOSPITALS FOR MENTAL DISEASES RETURN.

## (OCCUPATION).

State the extent of:—

I. The airing court.

II. And other grounds.

Are the Patients, as a rule, given daily exercise, their health permitting?

Are they confined to airing courts, or allowed to walk in other grounds, and sent beyond the Hospital?

Are any means taken to amuse the Patients or to induce them to amuse themselves? Detail them.

How many religious services were held in 1936?

What was the average attendance?

In what building, and how many could it contain?

1,647.8 square yards	} Belonging to the Hospital.
3,268.5 square yards	

Yes.

Some patients are confined in the airing courts and some are allowed to walk in the grounds.

Yes: Games, playing-cards, tombolas, dominos, musical string instruments, gramophone, radio-receiver and char-a-banc trips. 546 services.

37 per service—Males 28. Females 9.

A Chapel, which could contain 60 patients.

Daily Average number of Patients who were employed in 1936

Distinguishing the sexes			Specifying the character of the Employment		
			Agriculture and gardening	Trade	Hand work, Dressing, Water, &c.
Males	...	...	6	2	25
Females	...	...	—	6	9

## Question III. (Diet).

## MALTA.

## Dietary Table.

## ORDINARY DIET.

Article	Quantity	Article	Quantity	Article	Quantity	Article	Quantity	Article	Quantity	Remarks
BREAKFAST		DINNER			TEA		SUPPER		<p>Any of the articles in this Table may be substituted by another of a kind and in such quantity that in the opinion of the Resident Physician would be equivalent in nutritional value to the article substituted. The cost of such articles must not, however, exceed that of the articles for which they are substituted.</p> <p>An extra dish is allowed on Christmas Day, on Sunday of Carnival, Easter Sunday, and on the Anniversary of the opening of the Hospital.</p>	
Milk	8 ozs.	Bread	10 ozs.	Rabbits	10 ozs.	Milk	4 ozs.	Egg		1 No.
Sugar	1/2 oz.	Paste	6 ozs.	Liver	4 ozs.	Sugar	1/2 oz.	Cheese Sicily		1 oz.
Coffee	1/2 oz.	Rice	4 ozs.	Fish	6 ozs.	Tea	1/2 oz.	Salted Fish		2-3 ozs.
or		Beef—roasted	7 ozs.	Potherbs	1 rat.	or		Salted or preserved meat		2-3 ozs.
Tea	1/2 oz.	or stewed	"	Vegetables	1 rat.	Fresh meat as allowed		for dinner		
or		or in cakes	"	Potatoes	1/2 rat.					
Cocoa	1/2 oz.	or		Cheese Sicily	1 oz.					
Rusks	2 No.	Beefsteak	5 ozs.							
or		or								
Bread	5 ozs.	Fowls	6 ozs.	Fruit	1 rat.					
and		Pork	5 ozs.	or						
Butter	1/2 oz.	Sauzages	4 ozs.	or						
		Mutton	7 ozs.	or						
		Lamb	7 ozs.	or						

1 Ration Potherbs = 1<sup>10</sup>/<sub>100</sub> ozs. 1 Ration Vegetables = 10<sup>10</sup>/<sub>100</sub> ozs. 1 Ration of Fresh Fruit = 5 ozs. 1 Ration of Dry Fruit = 2 ozs.  
 1 Ration Potatoes = 10<sup>10</sup>/<sub>100</sub> ozs.

\* Proportion (1 oz. rice, 1/2 egg, 1/2 oz. sugar, 1 for 1 ration 1/2 oz. margarine and 5 ozs. milk) of rice pudding. † Proportion (1 1/2 ozs. bread, 1/2 oz. margarine, 1/2 egg, 1/2 oz. sugar and 5 ozs. milk) of bread pudding.

## HOSPITALS FOR MENTAL DISEASES RETURN.

## G O Z O .

*Dietary Table.*

(For patients on ordinary diet exclusive of extra articles of diet.)

Beef 7 oz. or Fowls 6 oz. or Mutton 7 oz. or Fish 6 oz.—Paste 6 oz. or Rice 4 oz. —Eggs 1—Vegetables 2½ rations—  
Cheese 2 oz. —Fruit 1 ration —Milk 12 oz. —Coffee ½ pint —Sugar 1 oz.—Bread 25 ozs.—Butter ½ oz.

## Question IV. (Inspection).

## M A L T A .

Divide the Patients in the Hospital into the following Classes:—

	MALES.	FEMALES.
I. Idiots and Imbeciles ... ..	43	27
Of whom are Epileptics ... ..	7	3
II. Presumably recoverable ... ..	68	57
III. Chronic and presumably irrecoverable ... ..	393	320
Of whom are:—		
(a) Turbulent and dangerous ... ..	126	127
(b) Suicidal ... ..	4	2
(c) Sick and Infirm ... ..	62	69
(d) General Paralytics ... ..	9	—
(e) Epileptics ... ..	15	17
(f) Senile Dements ... ..	14	12
(g) Able-bodied and not included in any of the headings (a) to (f) ... ..	137	115
Population ... ..	461	377
Total ... ..	838	

## Number of Visits of Inspection paid to the Hospital in 1936.

Visits in which all patients were seen and every part of the building visited, and Visits of Partial Inspection	Official Position of the Visitors				
	By the Governor or Colonial Secretary		By a Government Inspector	By a Committee of the Governing Body	By an Inspector specially charged to ascertain the condition of Mental Infirmity or otherwise of the Patients
By Appointment	Of Surprise				
1. Complete Inspections	1 on 22. 5. 36	Nil.	The Comptroller of Charit. Insts. visits weekly the Hospital by appointment or by surprise. The Chief Govt. Medical Officer visits the Hospital once a month by surprise.	A Board inspects the Hospital once a week.	This duty is performed by the Resident Physician. A Board meets weekly to testify to the insanity of the patients admitted during the week, and to sanction the discharge of patients.
2. Partial Inspections ...	Nil.	Nil.			



## HOSPITALS FOR MENTAL DISEASES RETURN.

State how many Reports of the following kinds have come under the notice of the Governor:—

(I.) Financial and Statistical (showing, among other things, on what system the Money and Store Accounts are kept and audited.)

(II.) Reports by the Person or Persons charged with the immediate management of the Hospital.

(III.) Reports by an Official Inspector independent of the Governing body of the Hospital.

(I.) The Comptroller of Charitable Institutions renders to the Treasurer his money Accounts monthly, and to the Auditor General a Store Account, annually, according to Regulations.

(II.) The Medical Superintendent of the Hospital sends weekly, monthly, quarterly and annual statistical returns and monthly financial reports to the Comptroller of Char. Insts. The Resident Physician furnishes other reports regarding the treatment and research work done in the Hospital.

(III.) The Comptroller of Charitable Institutions performs this duty, and reports to the Government the result of his inspections when necessary. He also furnishes an annual report on the working of the Department.

## G O Z O .

Divide the Patients in the Hospital into the following Classes:—

	MALES	FEMALES
I. Idiots and Imbeciles ...	20	9
Of whom are Epileptics ...	—	1
II. Presumably recoverable ...	—	—
III. Chronic and presumably irrecoverable ...	94	93
Of whom are:—		
(a) Turbulent and dangerous ...	5	3
(b) Suicidal ...	—	—
(c) Sick and Infirm ...	11	11
(d) General Paralytics ...	—	—
(e) Epileptics ...	—	5
(f) Senile Dements ...	—	—
(g) Able-bodied and not included in any of the headings (a) to (f) ...	78	74
Population ...	94	93
Total ...	187	

## Number of Visits of Inspection paid to the Hospital in 1936.

Visits in which all patients were seen and every part of the building visited, and Visits of Partial Inspection	Official Position of the Visitors				
	By the Governor or Colonial Secretary		By a Government Inspector	By a Committee of the Governing Body	By an Inspector specially charged to ascertain the continued Mental Infirmity or otherwise of the Patients
	By Appointment	Of Surprise			
1. Complete Inspections ...	1 on 5. 10. 36	NIL	The Professor of Mental Diseases & Resident Physician of the Hospital for Mental Diseases, Malta, visits the hospital every fortnight by surprise. The Commissioner for Gozo visits the hospital once a week by surprise. The Comptroller of Char. Inst. and Chief Govt. Med. Off. visit the hospital occasionally by surprise.	Members of the Medical Board of the Hospital for Mental Diseases, Malta, may visit the Hospital and inspect the same by surprise.	This duty is performed by the Visiting Physician.
2. Partial Inspections ...	NIL	NIL			

## HOSPITALS FOR MENTAL DISEASES RETURN.

State how many reports of the following kinds have come under the notice of the Governor :—

I. Financial and Statistical (showing, amongst other things, on what system the Money and Store Accounts are kept and audited).

II. Reports by the Person or Persons charged with the immediate management of the Hospital.

III. Reports by an Official Inspector independent of the Governing body of the Hospital.

The Commissioner for Gozo renders to the Treasurer his money Accounts monthly, and to the Auditor, a store-account annually according to Regulations.

The Medical Superintendent of the Hospital sends weekly, monthly, quarterly and annually statistical returns and monthly financial reports to the Commissioner for Gozo. The Visiting Physician furnishes other reports regarding the treatment of patients and other matters regarding the hospital.

The Commissioner for Gozo performs this duty, and he reports to the Government the result of his inspections, when necessary. The Comptroller of Charitable Institutions also furnishes an annual report on the working of the Department.