



TIME-USE SURVEY 2002

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FOREWORD

The Time-Use Survey (TUS) was commissioned by the National Statistics Office (NSO) and collects information on how the Maltese population, aged 10 years and over, spends its time. Locally, this was the first time that such a project was attempted. The study consisted of a pilot survey that is representative of the period during which the data was collected. However, already interesting trends emerge which show how different groups in the population spend their time.

This survey shows the proportion of time that is spent on economically productive activities, leisure pursuits and personal care. It collects information on where and with whom the respondents are doing these activities. The use of diaries, where the respondents record the activities they are doing every 10 minutes, allows us to study the pace of time use according to the day of the week.

For example, we can determine the amount of time that parents spend with their children, the amount of time that workers spend with their colleagues, etc. We can also know the time Maltese spend on unpaid and voluntary work, hence enabling us to estimate the value of non-market production, e.g. housework, etc.

Businesses can also use the information about how consumers spend their time, in order that they are able to decide what kinds of services and products to develop.

The different kinds of activities and the time spent on the main activities are available by age, sex, marital status, educational level successfully completed and labour status.

The TUS was designed to produce results which can be compared with other studies that were carried out as part of the Harmonised Time Use Survey. This study will increase further our knowledge about the quality of life of the Maltese population.

Alfred Camilleri
Director General

AIM OF SURVEY

The Time Use 2002 survey was a pilot exercise aimed at studying the way we spend time, when and with whom. It presents and analyses a wealth of valuable information on the use of both work and leisure time, and how this varies for different groups of the Maltese population. This work represents an important advance in our understanding of the diverse patterns of people's lives.

How we choose to spend our time is one of the main factors that shape our lives, and time use studies provide an opportunity to measure these choices and the routine of everyday life. The range of the survey is broad, since the way in which these choices affect time use has important implications on public policy, in particular in employment, social security, childcare, labour market, health and education.

This pilot survey is the first study of its kind ever conducted in Malta by the NSO. Most of the information that is included in this publication is categorised according to gender, age, civil and employment status.

This publication includes most of the information that could be collected through this survey. However, in satisfying individual needs that may arise, the NSO offers customers the possibility to request tailor-made reports/tables. Such requests are to be submitted to:

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SUMMARY

Overall women and men show similar patterns in the way they use time. However there are a number of key differences in the way they spend time on some activities. There are also marked differences in time-use between different socio-economic groups. Additionally, individuals' use of time often varies considerably between weekdays and the weekend-days.

Women and men devote almost half of their time to sleep, eating and other personal care. People sleep between 8.6 and 8.9 hours every day on average and devote between 2.4 and 2.8 hours to meals and other personal care. On average, females sleep a little longer than males whilst during weekend-days, people sleep about 18 minutes more. On the other hand people who are gainfully occupied sleep an average of 72 minutes less than other groups during weekdays. Females spend more time washing and dressing than males across most age groups, especially during weekends. In fact, females spend an average of 11.6 minutes more than males on this activity. This applies especially for teenagers and people in their early 20's where females spend an average of 1.5 hours per day on this activity, this being half an hour more than their male counterparts.

On weekend-days people allocate an average of 1 additional hour to free time activities. On weekdays, people spend almost 20 per cent (4.7 hours) of their day on free time activities whilst this proportion goes up to 24.0 per cent (5.7 hours) on weekend-days. Overall, men have more free time than women, these differences reaching 30 minutes during weekdays and exceeding 1 hour on Saturdays and Sundays. Amongst free time activities, watching television is the most popular pursuit for both men and women, amounting to 1.7 hours a day during weekdays while men exceed slightly the 2 hours during weekend-days.

For both sexes mass media (television in particular) occupies an important share of their free time, with males and females spending almost 45 per cent of their free time on this activity. However, males watch TV more and participate more in sports when compared with females. Unmarried persons spend an average of about 100 minutes more each day on free time activities than married persons normally do. Significantly, it is the youngest and oldest groups who spend most time on mass media, with teenagers aged between 10 to 14 years spending an average of 190.6 minutes a day during weekdays.

When it comes to travelling, it seems that on weekend-days people prefer using their personal cars in around half their travel time. On the other hand, men prefer travelling on foot on a quarter of the time which is allocated to travel, compared with 34.1 per cent for females. Conversely, during weekdays some remarkable differences are noticeable. Generally, most women travel on foot whenever they need to (41.8 per cent of time) whilst the majority of men travel by car (53.4 per cent of time). Moreover, on 11.5 per cent of the time whenever a female needs to travel during the weekdays, she chooses a bus or a coach as a means of travel, compared with 5.7 per cent for males. These proportions go down to 5.0 and 4.0 per cent respectively during the weekend-days.

Conversation and socialising amount to 19.2 and 28.3 per cent of the total free time on weekdays and weekend-days respectively. However on most of the time these activities are performed whilst people are simultaneously engaged in other activities.

Gainful work or study of all persons aged 10 years or older makes up just 1 hour on a weekend-day compared to an average of 3 hours on a weekday. Persons who are employed have more of their time pre-determined and they also have shorter sleeping time (72 minutes less than other persons).

Employed persons have also less free time available. They allocate an average of 3.3 hours to free time activities during weekdays, which is 108 minutes less than for the remainder of the population. This accounts to 13.8 per cent of an average weekday of a gainfully occupied person, whilst this proportion increases to 22.9 per cent during weekend-days. However for this group, the share of time they devote to social life and entertainment is actually higher than for the rest of the population. In fact, people who are gainfully occupied spend 25.3 per cent of their free time on socialising during weekdays.

Domestic work (housework, errands, do-it-yourself, care of children/adults, etc.) takes up more time than gainful work or study. On average, 13.7 per cent of weekdays is dedicated to housework and family care whilst 12.5 per cent of it is spent on gainful work or study. These proportions go down to 11.7 and 4.2 per cent respectively on Saturdays and Sundays.

For women and men the division of the time between these two activities differs significantly. Usually men devote more time to gainful work or study than to domestic work. On the other hand, when all the persons aged 10 years or older are considered, it was found that the average time spent on domestic work by females is more than the time men spend on gainful work or study.

However males with employment spend an average of 7.1 hours on gainful work and 1.2 hours on domestic work during weekdays, compared with 5.8 hours and 2.9 hours respectively for females. Also, if persons without employment are considered, it follows that men devote 2.6 hours to domestic work during weekdays compared to 5.9 hours for females

Whereas the time spent by men on domestic work remains relatively constant throughout the week, women tend to spend up to one hour more on domestic work during weekdays. There are also significant differences between single and married individuals. The difference in time devoted to domestic work by unmarried individuals during weekdays and weekend-days is negligible. However, it was found that males spend more time on almost all other categories during weekends when compared with weekdays. The converse applies for females.

During weekdays women spend 76.7 per cent of the day at home while this percentage diminishes to 63.3 per cent for males. During weekend-days these percentages decrease to 66.7 per cent and 74.2 per cent for males and females respectively.

Married women spend an average of 6.3 hours on domestic work during weekdays, compared with 2.5 hours for other females. On the other hand, single men devote slightly more than one hour each weekday performing such activities whilst married men spend an average of 2.1 hours.

The household structure and in particular the presence of children is closely linked to time use. In particular for couples the allocation of the time between gainful work or study and domestic activities (including parental) is different if they have children. This difference is even more pronounced when at least one of the children in the family is less than 8 years old¹.

For married women, the average time spent on gainful work or study is often less when they have children and even less when they have at least one child who is less than 8 years old. The difference between married women without any children at home and married women with the youngest child aged between 8 to 16 years old is almost 3 hours per day during weekdays.

At the same time it is clear that women with children at home spend more time on domestic work. This applies especially for women with at least one young child aged between 0-16 years. In fact, the time for women with at least one child aged between 0-7 years and others with at least one child aged between 8-16 years is 8.3 hours and 6.9 hours per weekday respectively. In the absence of children, the time spent on gainful work/study and domestic work for women is almost the same with 4.6 and 5.1 hours per weekday respectively.

Married men who form part of a couple manifest a similar behaviour. Time spent on domestic work is longer when men form part of a household with children and even more when at least one of the children is young. The differences in total time of work of married men and women in couples are large, especially when the couples have children of relatively small age. These differences are not so pronounced when the time spent on free time activities of such persons is considered. Single persons spend more time on free time activities than their married counterparts. However married persons having at least one child aged between 8 to 16 years dedicate more time on free time activities on weekdays and weekend-days.

Other results display the percentage of persons participating in the activities which together account for the whole day, or in some specific cases, for some particular activities on their own. Individuals' use of time is usually very different at the weekend to during the week.

On weekdays most of the persons (80.1 per cent) are awake and up by 7:30am-9:30am. During mornings gainful and domestic work account for around 30 per cent of the time between 7.30am-12.00pm. People tend to eat around 12.00pm-1.30pm during lunchtime and at around 7.30pm-9.00pm in the evenings. Time allocated for free time activities tend to increase up till 10:30pm. Afterwards between 10:30pm-24am, 65 per cent of the persons are asleep.

On weekend-days Maltese residents tend to get up later, work less and do less housework whilst spending more time on free time activities. Around 9pm is still the peak time for free time activities although during weekend-days people tend to go to bed a little later with 56.1 per cent of the persons in bed between 10.30pm and midnight.

Generally, most of the activities are done either alone or with family members. However, during weekend-days most of the time is spent in company of family members, and this could mainly due to an increase in free time.

¹ Grouping is done according to the youngest child living in the household

SURVEY METHODOLOGY

Coverage

The target population for this survey consisted of Maltese residents aged 10 years and over living within private households. A sample of 500 dwellings was drawn using systematic random sampling from the Electoral Register.

The number of individuals living in private households aged 10 years and over was estimated at 347,700 persons. The following two tables illustrate the distribution of the population by gender, age group and district:

Table I. Population by sex and age group

Age group	Males	Females	Total
10 - 14	15,420	16,320	31,740
15 - 24	30,360	29,400	59,760
25 - 34	26,150	25,010	51,160
35 - 44	26,300	26,080	52,380
45 - 54	32,340	31,930	64,270
55 - 64	19,130	20,840	39,960
65+	20,360	28,070	48,430
Total	170,050	177,650	347,700

Table II. Population by sex and district

District	Males	Females	Total
Southern Harbour	37,990	38,620	76,610
Northern Harbour	52,440	56,080	108,520
South Eastern	23,360	24,540	47,900
Western	22,960	23,700	46,660
Northern	20,680	21,020	41,690
Gozo and Comino	12,630	13,680	26,310
Total	170,050	177,650	347,700

Data Collection

Fieldwork was carried out between 26 August and 27 September 2002. The reference week was the week falling between 9 and 15 September 2002. A household questionnaire collected socio-demographic, e.g. age, sex, economic status, occupation, etc. information on all household members. On the other hand all household members aged 10 years and over were asked to list all the activities they carried out during two particular days falling during the reference week, one being a weekday and the other being a Saturday or Sunday.

The daily diary contained information related to the main and secondary activities and was divided in 10 minutes slots. The respondents were asked to indicate also the location of the activities they carried out, the mode of travel in case they were traveling, and with whom they carried out these activities.

Response

Two hundred and ninety-five households, or 788 individuals, accepted to participate in the survey. This yielded a response rate of 59.0 per cent. The following two tables present the sample distribution by gender, age group and district of the participants.

Table III. Sample by sex and age group

Age group	Males	Females	Total
10 - 14	28	31	59
15 - 24	71	54	125
25 - 34	52	67	119
35 - 44	64	64	128
45 - 54	79	67	146
55 - 64	58	63	121
65+	41	49	90
Total	393	395	788

Table IV. Sample by sex and district

District	Males	Females	Total
Southern Harbour	67	78	145
Northern Harbour	120	121	241
South Eastern	35	42	77
Western	65	60	125
Northern	68	56	124
Gozo and Comino	38	38	76
Total	393	395	788

Grossing up

In general, since population units may be sampled with different selection probabilities and since the response and coverage rates may vary across populations, different responding units represent different number of units in the population. The use of weights compensates for this differential representation, thus producing estimates that relate to the target population.

Two set of weights, one for households and the other for individuals were produced. For individuals a *posteriori* stratification was performed by gender, age group and district whilst a similar procedure by household size and district was applied for households. In this way, upon grossing up, the sample estimates reflected the real characteristics of the population.

Quality control

All the data that was collected was subject to a series of quality checks by vetters. In addition, the data entry program used to convert the information in electronic format for computer analysis had a number of in-built validation rules in order to minimise data entry errors. Whenever was feasible those households which had provided incomplete information were contacted again in order to collect the missing information whereas special codes were assigned to missing activity codes in the diaries.

Errors

The survey was subject to two main sources of errors, which are technically referred to *sampling errors* and *non-sampling errors*.

The sample used for a particular survey is only one of a large number of other possible samples of the same size and design that could have been selected. This difference is termed sampling error and it arises from estimating a population characteristic by looking at only one sample of the population. It refers to the difference between the estimate derived from a sample survey and the 'true' value that would result if a census of the whole population were carried out under the same conditions. Indeed, the sampling error decreases as the sample size increases (but not proportionally) and as such, there are no sampling errors in a census because the calculations are based on the entire population.

The sampling error as a measure of the estimated value is referred to as the *coefficient of variation (CV)*. This measures the variability in relation to the mean and is used to compare the relative dispersion in one type of data with the relative dispersion in another type of data. It is calculated by dividing the standard deviation (s) of a distribution by its mean (\bar{x}) as a percentage of the estimate.

$$C.V. = \frac{s}{\bar{x}} * 100$$

The sample estimate and its standard error permit the construction of a *confidence interval (C.I.)*, which represents the degree of uncertainty about the estimate. Confidence intervals are upper and lower limits to the values of any uncertain estimate. The range of values between these bounds is the interval within which we feel reasonably confident that the true value of the population parameter being estimated actually lies. All the results presented in this publication are worked out at a 95% confidence interval.

For example, if the sample estimate is of 70 with a CV of 4%, then there is a 95% chance that the true population value lies between 66 and 74. These bounds constitute the confidence interval.

Besides the sampling error, a survey is subject to a range of other errors, commonly referred to as *non-sampling errors*. Strictly speaking differences between a sample and the population it represents should result only from random chance. However, when differences arise for reasons other than chance, *bias* is introduced. These errors can be attributed to many sources, such as response differences, definitional difficulties, differing respondent interpretations and respondent inability to recall information. All human errors that have been committed during the data inputting processes, imputations of missing data at the editing stage and the weighting procedure applied also add up to this error. This type of error is impossible to quantify and the presence of this error should be borne in mind by readers.

Estimates of precision

A sample statistic will give a single value as an estimate of the population parameter under investigation. This is called a *point parameter*. In order to specify how accurate the parameter estimate is, we derive what we call the confidence interval (*C.I.*) mentioned above, where we adjust the point estimate for error and provide a range of values within which we are confident we will find the true value of the unknown parameter.

The confidence interval is expressed as: $C.I. = \text{estimate} \pm \text{margin of error}$. Indeed, if a statistic is normally distributed (as we shall consider here) and the standard error of the statistic is known, then a confidence interval for that statistic can be computed as follows:

$$\text{statistic} \pm (z)(\sigma_{stat})$$

where σ_{stat} is the standard error of the statistic and z is a constant which depends on the level of confidence desired, which in this case will be equal to 1.96 since we have established a 95% confidence interval.

As a result, by applying this general formula, the confidence interval for a proportion, π , becomes:

$$\pi = p \pm (z)(\sigma_p)$$

where p is the proportion in the sample and σ_p is the standard error of the proportion which is equal to:

$$\sigma_p = \sqrt{\frac{p(1-p)}{n}}$$

Typically this denotes the statement that the population proportion falls within the interval $[p - (z)(\sigma_p)]$ to $[p + (z)(\sigma_p)]$.

For example, the confidence interval for the proportion of time allocated to personal care during a weekday in table 11 was estimated at 45.8 per cent. This means that the reader may expect the actual proportion value of this estimate to lie within the interval 0.458 ± 0.035 , i.e. 42.3 per cent and 49.3 per cent.

Table V. Margin of error on type of activity performed per weekday

Type of main activity	Proportion	Margin of error	Confidence interval
Personal care	0.458	0.035	0.458 ± 0.035
Gainful work and study	0.127	0.023	0.127 ± 0.023
Housework and family care	0.136	0.024	0.136 ± 0.024
Volunteer work and meetings	0.016	0.009	0.016 ± 0.009
Free time activities	0.196	0.028	0.196 ± 0.028
Travel and unspecified time use	0.067	0.017	0.067 ± 0.017

Table VI. Margin of error on type of activity performed per weekend-day

Type of main activity	Proportion	Margin of error	Confidence interval
Personal care	0.488	0.035	0.488 ± 0.035
Gainful work and study	0.041	0.014	0.041 ± 0.014
Housework and family care	0.116	0.022	0.116 ± 0.022
Volunteer work and meetings	0.031	0.012	0.031 ± 0.012
Free time activities	0.240	0.030	0.240 ± 0.030
Travel and unspecified time use	0.084	0.019	0.084 ± 0.019

Table VII. Margin of error on activities performed per weekday on a solo or company basis

Company basis	Proportion	Margin of error	Confidence interval
Solo	0.373	0.017	0.373 ± 0.017
With children	0.030	0.006	0.030 ± 0.006
With other family members	0.399	0.017	0.399 ± 0.017
With friends	0.167	0.013	0.167 ± 0.013
With children and other family members	0.020	0.005	0.020 ± 0.005
Other	0.011	0.004	0.011 ± 0.004

It was not possible to include a precision indicator for all the estimators presented in this document. However these indicators may be produced upon request. Moreover these sampling errors assume a simple random design. Since effectively cluster of individuals were selected, these errors can be marginally higher than represented.

DEFINITIONS

Single Persons:

Comprises persons who were never married, separated, annulled or widowed.

Districts:

- *South Harbour* - Żabbar, Xgħajra, Valletta, Tarxien, Santa Lucija, Paola, Marsa, Luqa, Kalkara, Isla, Floriana, Fgura, Bormla, Birgu.
- *North Harbour* - Ta' Xbiex, Swieqi, Sliema, Santa Venera, San Gwann, San Ġiljan, Qormi, Pieta', Pembroke, Msida, Ħamrun, Gżira, Birkirkara.
- *South Eastern* - Żurrieq, Żejtun, Safi, Qrendi, Mqabba, Marsaxlokk, Marsaskala, Kirkop, Gudja, Għaxaq, Birżebbuġia.
- *Western* - Żebbuġ (Malta), Siggiewi, Rabat (Malta), Mtarfa, Mdina, Lija, Iklin, Dingli, Balzan, Attard.
- *Northern* - San Pawl il-Baħar, Naxxar, Mosta, Mgarr, Mellieħa, Għargħur.
- *Gozo and Comino* - Rabat (Gozo), Fontana, Għajnsielem and Comino, Għarb, Għasri, Kerċem, Munxar, Nadur, Qala, San Lawrenz, Sannat, Xagħra, Xewkija, Żebbuġ (Gozo).

The coding frame for primary and secondary activities was based upon the most recent version of the coding frame developed by Eurostat for Time Use studies. Such codes vary from 1-digit to 3-digit level. The first and second level were categorised as follows:

- PERSONAL CARE
 - *Sleep*
 - *Eating*
 - *Other personal care (incl. wash, dress etc.)*
- GAINFUL WORK AND STUDY
 - *Employment (incl. related activities)*
 - *Study (incl. activities related to school or university)*
- HOUSEWORK AND FAMILY CARE
 - *Food management (incl. food preparation, dish washing etc.)*
 - *Household upkeep (incl. cleaning of dwelling and various tasks at home etc.)*
 - *Sewing and laundry*
 - *Shopping and services*
 - *Child rearing (including: physical care, teaching and accompanying a child)*
 - *Help to an adult family member (incl. adult assistance and care-except housework)*
 - *Gardening and pet care*
 - *Construction and repairs*
 - *Household management (incl. related planning, budgeting and paperwork)*
- FREE TIME ACTIVITIES
 - *Social life, entertainment and culture (incl. socialising with family)*
 - *Sports and outdoor activities*
 - *Hobbies and games*
 - *Mass media*
 - *Relaxing (incl. doing nothing, meditating or waiting)*
- VOLUNTEER WORK AND MEETINGS
 - *Organisational work*
 - *Informal help to other households*
 - *Participatory activities (incl. meetings and religious activities)*
- TRAVEL AND UNSPECIFIED TIME USE

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RESULTS

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Table 1. Distribution of all persons by sex and age group

Age group	number		
	Males	Females	Total
0 - 9	24,730	20,610	45,340
10 - 14	15,420	16,320	31,740
15 - 24	30,360	29,400	59,760
25 - 34	26,150	25,010	51,160
35 - 44	26,300	26,080	52,380
45 - 54	32,340	31,930	64,270
55 - 64	19,130	20,840	39,960
65+	20,360	28,070	48,430
Total	194,780	198,260	393,040

Age group	percentage		
	Males	Females	Total
0 - 9	12.7	10.4	11.5
10 - 14	7.9	8.2	8.1
15 - 24	15.6	14.8	15.2
25 - 34	13.4	12.6	13.0
35 - 44	13.5	13.2	13.3
45 - 54	16.6	16.1	16.4
55 - 64	9.8	10.5	10.2
65+	10.5	14.2	12.3
Total	100.0	100.0	100.0

Table 2. Distribution of all persons by sex and district

District	number		
	Males	Females	Total
Southern Harbour	42,480	42,840	85,310
Northern Harbour	59,750	62,190	121,950
South Eastern	26,780	27,160	53,930
Western	26,630	26,880	53,510
Northern	24,080	23,650	47,720
Gozo and Comino	15,070	15,550	30,620
Total	194,780	198,260	393,040

District	percentage		
	Males	Females	Total
Southern Harbour	21.8	21.6	21.7
Northern Harbour	30.7	31.4	31.1
South Eastern	13.7	13.7	13.7
Western	13.7	13.6	13.6
Northern	12.4	11.9	12.1
Gozo and Comino	7.7	7.8	7.8
Total	100.0	100.0	100.0

Table 3. Distribution of all persons by sex and marital status

Marital status	number		
	Males	Females	Total
Married	96,000	99,180	195,170
Single	98,780	99,080	197,860
Total	194,780	198,260	393,040

Marital status	percentage		
	Males	Females	Total
Married	49.3	50.0	49.7
Single	50.7	50.0	50.3
Total	100.0	100.0	100.0

Table 4. Distribution of all persons by sex and educational level

Educational level	number		
	Males	Females	Total
No schooling	20,780	23,120	43,900
Primary	60,450	69,820	130,270
Secondary	77,610	73,450	151,060
Post-secondary	22,220	22,840	45,060
Tertiary	13,720	9,030	22,750
Total	194,780	198,260	393,040

Educational level	percentage		
	Males	Females	Total
No schooling	10.7	11.7	11.2
Primary	31.1	35.2	33.1
Secondary	39.8	37.0	38.4
Post-secondary	11.4	11.5	11.5
Tertiary	7.0	4.6	5.8
Total	100.0	100.0	100.0

Table 5. Distribution of average time spent on main activity per weekday by sex

Type of activity	hours		
	Males	Females	Total
Personal care	10.8	11.2	11.0
Gainful work and study	4.5	1.7	3.0
Housework and family care	1.7	4.8	3.3
Volunteer work and meetings	0.2	0.4	0.4
Free time activities	5.0	4.5	4.7
Travel and unspecified time use	1.8	1.4	1.6
Total	24.0	24.0	24.0
Type of activity	percentage		
	Males	Females	Total
Personal care	45.0	47.6	45.8
Gainful work and study	18.8	7.1	12.5
Housework and family care	7.1	20.0	13.7
Volunteer work and meetings	0.8	1.7	1.7
Free time activities	20.8	18.8	19.6
Travel and unspecified time use	7.5	5.8	6.7
Total	100.0	100.0	100.0

Table 6. Distribution of average time spent on main activity per weekend-day by sex

Type of activity	hours		
	Males	Females	Total
Personal care	11.6	11.8	11.7
Gainful work and study	1.5	0.5	1.0
Housework and family care	1.7	3.8	2.8
Volunteer work and meetings	0.8	0.8	0.8
Free time activities	6.3	5.2	5.7
Travel and unspecified time use	2.1	1.9	2.0
Total	24.0	24.0	24.0

Type of activity	percentage		
	Males	Females	Total
Personal care	48.3	49.2	48.7
Gainful work and study	6.2	2.1	4.2
Housework and family care	7.2	15.8	11.7
Volunteer work and meetings	3.2	3.3	3.3
Free time activities	26.3	21.7	23.8
Travel and unspecified time use	8.8	7.9	8.3
Total	100.0	100.0	100.0

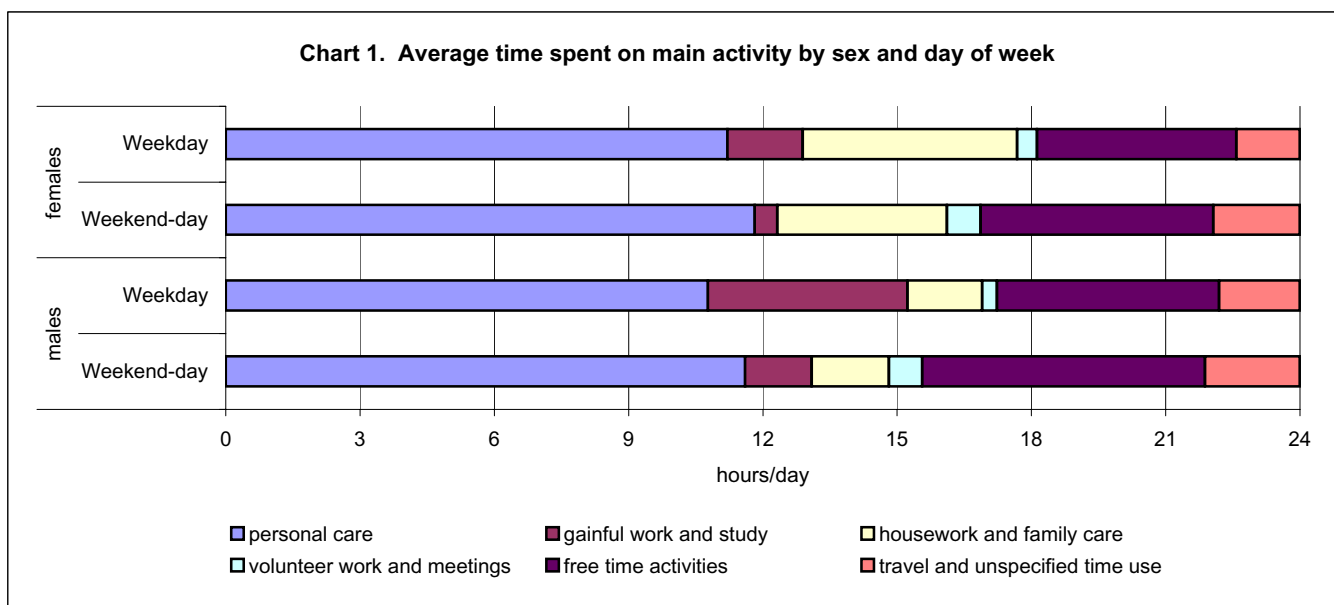
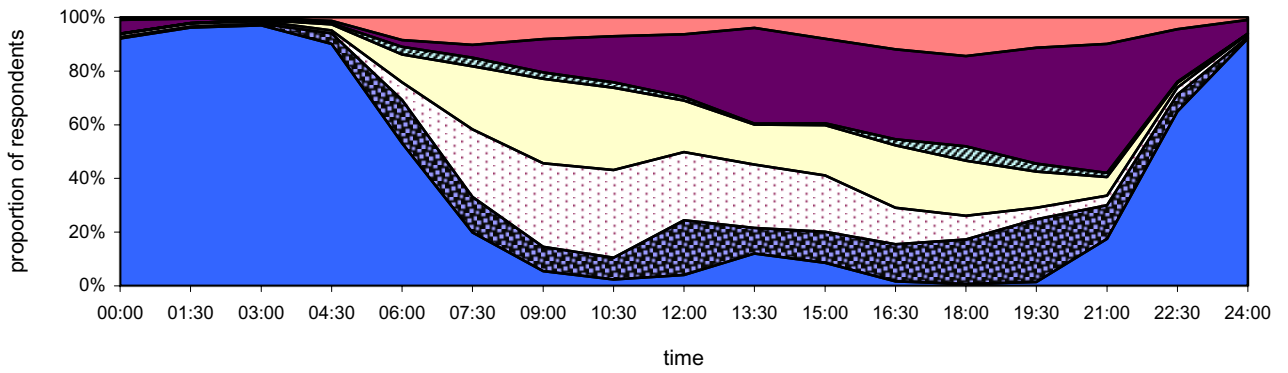
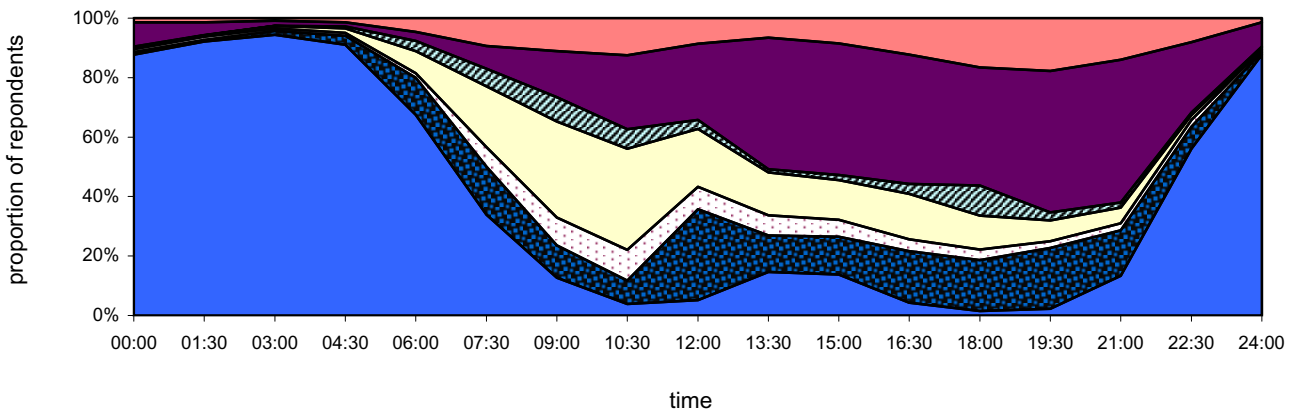


Chart 2. Main activity per weekday



- sleep
- gainful work and study
- volunteer work and meetings
- personal care
- housework and family care
- free time activities
- travel and unspecified time use

Chart 3. Main activity per weekend-day



- sleep
- gainful work and study
- volunteer work and meetings
- personal care
- housework and family care
- free time activities
- travel and unspecified time use

Table 7. Distribution of average time spent on main activity per weekday by age group

Type of activity	hours							
	10 - 14	15 - 24	25 - 34	35 - 44	45 - 54	55 - 64	65+	Total
Personal care	12.7	10.9	10.3	10.4	10.7	10.8	11.8	11.0
Gainful work and study	0.5	4.7	4.6	4.3	3.7	1.5	0.1	3.0
Housework and family care	1.6	0.9	3.6	4.4	3.7	4.3	4.4	3.3
Volunteer work and meetings	0.5	0.2	0.1	0.2	0.2	0.8	0.7	0.4
Free time activities	7.3	5.3	3.7	3.2	3.9	5.1	5.8	4.7
Travel and unspecified time use	1.4	2.0	1.7	1.5	1.8	1.5	1.2	1.6
Total	24.0	24.0	24.0	24.0	24.0	24.0	24.0	24.0

Type of activity	percentage							
	10 - 14	15 - 24	25 - 34	35 - 44	45 - 54	55 - 64	65+	Total
Personal care	52.9	45.4	42.9	43.3	44.6	45.0	49.2	45.8
Gainful work and study	2.1	19.6	19.2	17.9	15.4	6.3	0.2	12.5
Housework and family care	6.7	3.8	15.0	18.3	15.4	17.9	18.3	13.7
Volunteer work and meetings	2.1	0.8	0.4	0.9	0.8	3.3	2.9	1.7
Free time activities	30.4	22.1	15.4	13.3	16.3	21.3	24.2	19.6
Travel and unspecified time use	5.8	8.3	7.1	6.3	7.5	6.4	5.0	6.7
Total	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0

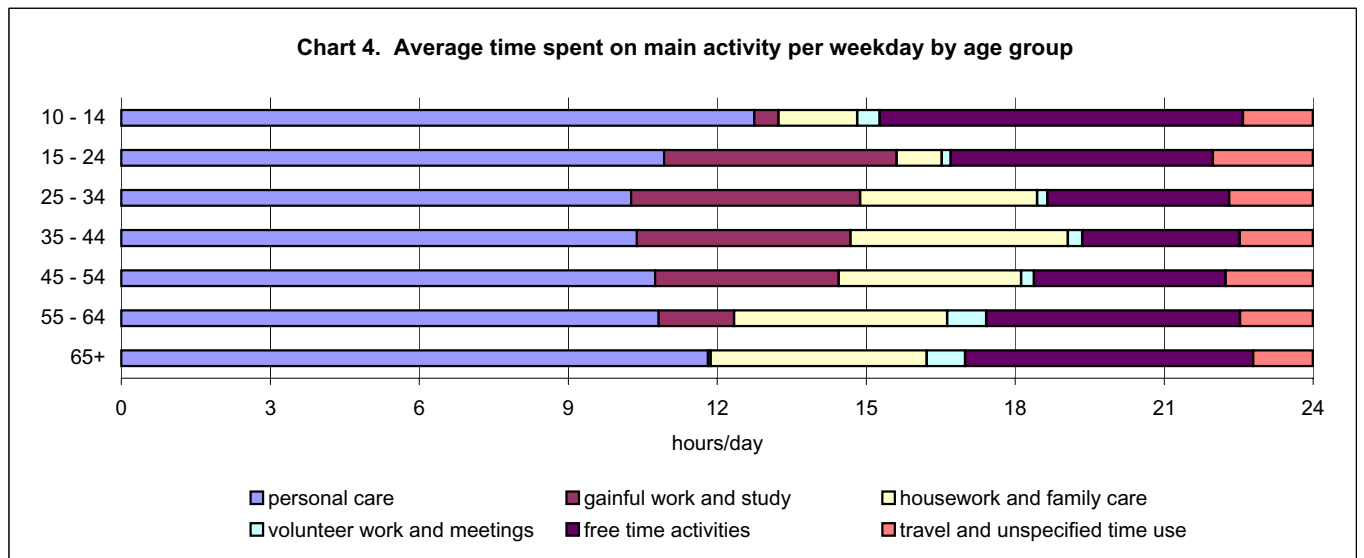


Table 8. Distribution of average time spent on main activity per weekend-day by age group

Type of activity	hours							
	10 - 14	15 - 24	25 - 34	35 - 44	45 - 54	55 - 64	65+	Total
Personal care	12.8	11.4	11.8	11.3	11.4	11.5	12.2	11.7
Gainful work and study	0.2	1.2	1.6	1.5	1.4	0.5	0.0	1.0
Housework and family care	0.9	1.2	3.2	3.8	2.9	3.7	3.5	2.8
Volunteer work and meetings	0.9	0.5	0.5	0.7	0.8	1.0	0.9	0.8
Free time activities	7.2	7.2	4.7	4.8	5.4	5.6	5.7	5.7
Travel and unspecified time use	2.0	2.5	2.2	1.9	2.1	1.7	1.7	2.0
Total	24.0	24.0	24.0	24.0	24.0	24.0	24.0	24.0

Type of activity	percentage							
	10 - 14	15 - 24	25 - 34	35 - 44	45 - 54	55 - 64	65+	Total
Personal care	53.3	47.5	49.1	47.1	47.5	47.9	50.7	48.7
Gainful work and study	0.8	4.5	6.7	6.3	5.8	2.1	0.1	4.2
Housework and family care	3.8	4.5	13.3	15.8	12.1	15.4	14.5	11.7
Volunteer work and meetings	3.8	2.1	2.1	2.9	3.3	4.2	3.8	3.3
Free time activities	30.0	30.0	19.6	20.0	22.5	23.3	23.7	23.8
Travel and unspecified time use	8.3	10.4	9.2	7.9	8.8	7.1	7.1	8.3
Total	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0

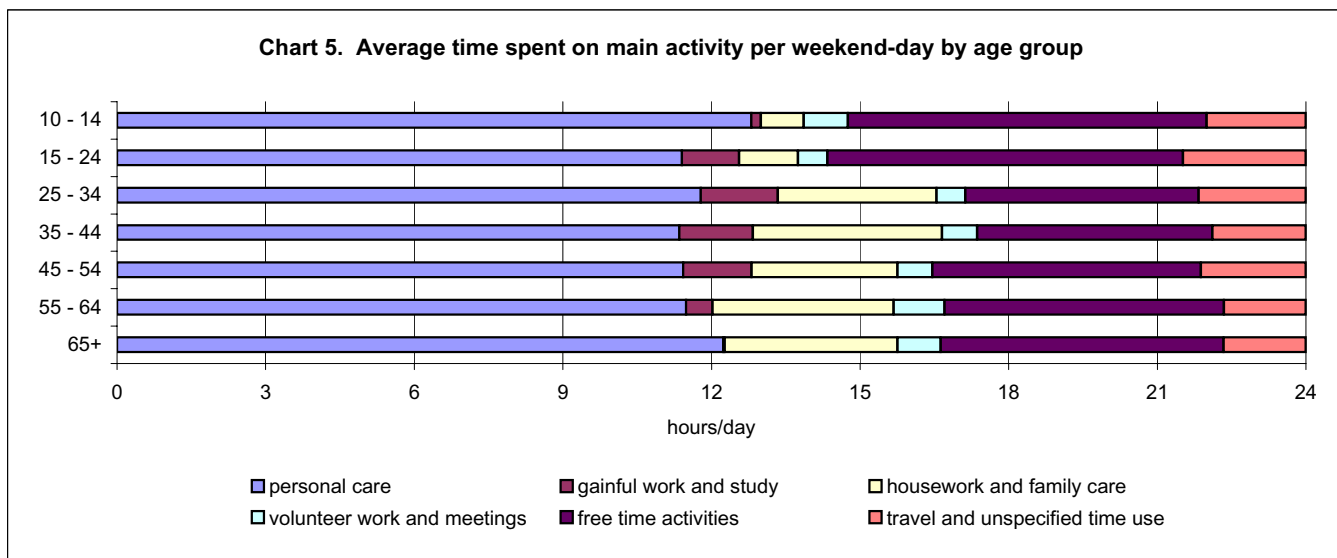


Table 9. Distribution of average time spent on main activity per weekday by marital status

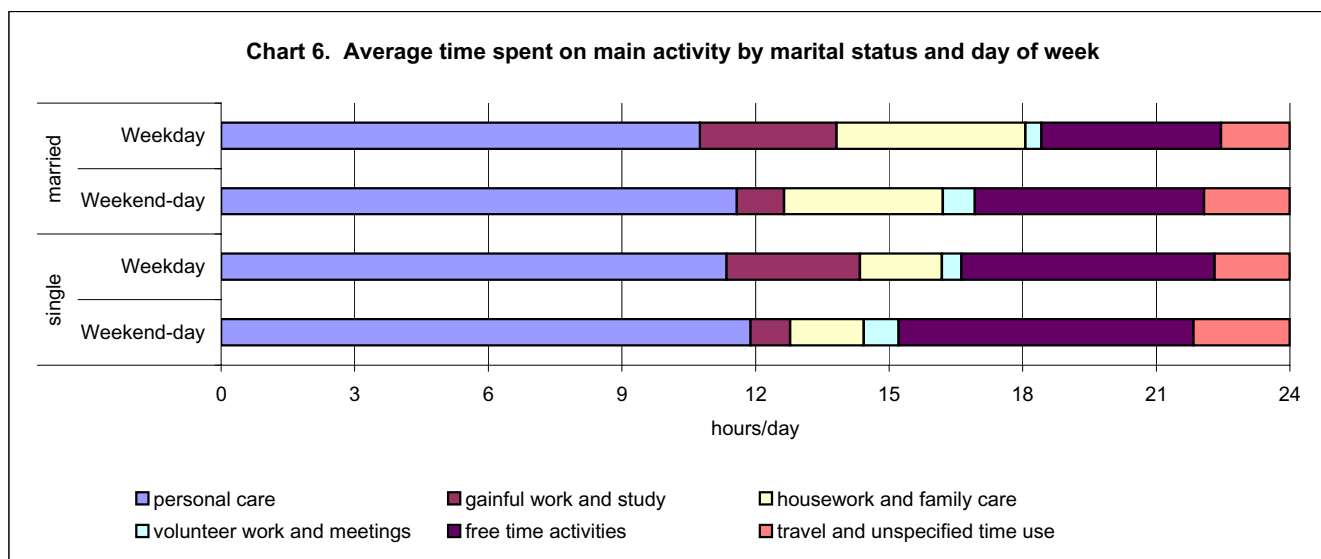
Type of activity	hours		
	Married	Single	Total
Personal care	10.8	11.3	11.0
Gainful work and study	3.1	3.0	3.0
Housework and family care	4.2	1.8	3.3
Volunteer work and meetings	0.4	0.5	0.4
Free time activities	4.0	5.7	4.7
Travel and unspecified time use	1.5	1.7	1.6
Total	24.0	24.0	24.0

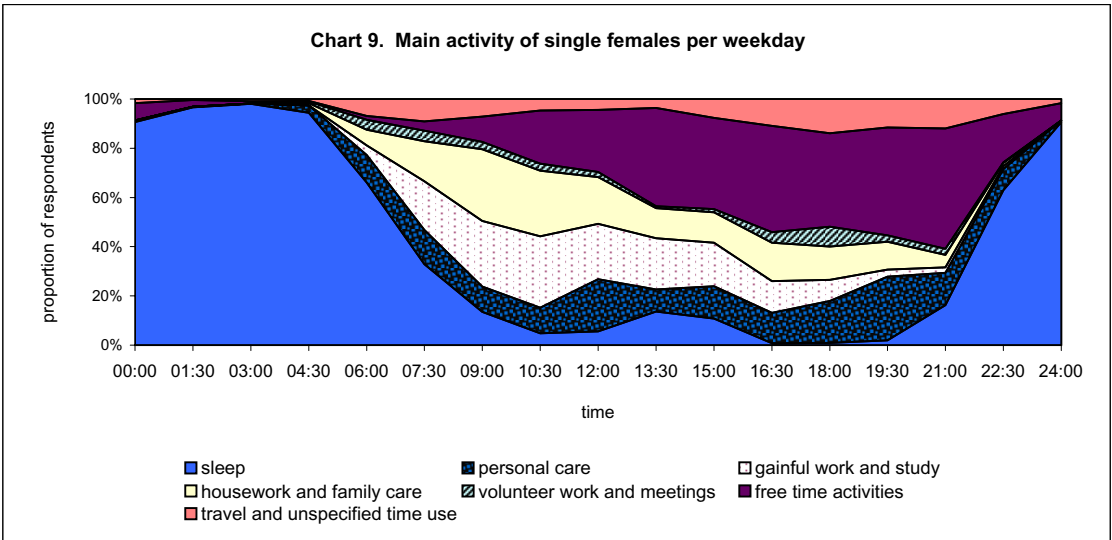
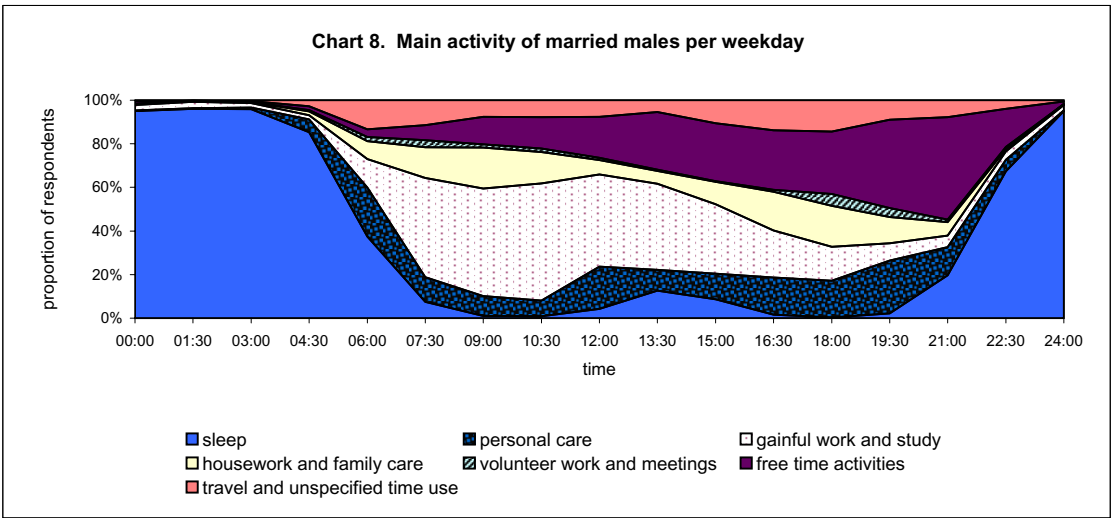
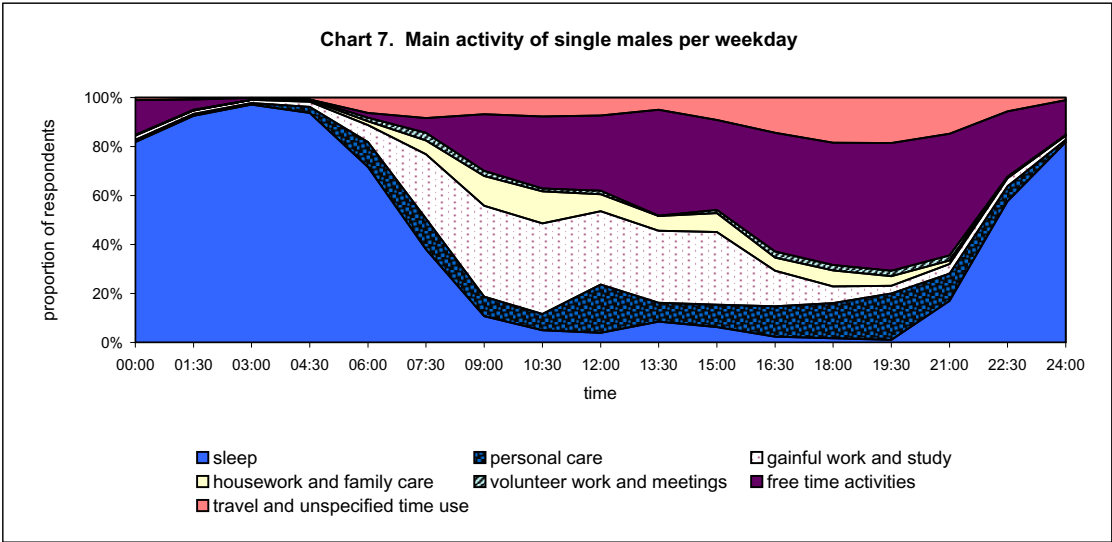
Type of activity	percentage		
	Married	Single	Total
Personal care	44.9	47.0	45.8
Gainful work and study	12.9	12.5	12.5
Housework and family care	17.5	7.5	13.7
Volunteer work and meetings	1.7	2.1	1.7
Free time activities	16.7	23.8	19.6
Travel and unspecified time use	6.3	7.1	6.7
Total	100.0	100.0	100.0

Table 10. Distribution of average time spent on main activity per weekend-day by marital status

Type of activity	hours		
	Married	Single	Total
Personal care	11.6	11.9	11.7
Gainful work and study	1.1	0.9	1.0
Housework and family care	3.6	1.7	2.8
Volunteer work and meetings	0.7	0.7	0.8
Free time activities	5.1	6.6	5.7
Travel and unspecified time use	1.9	2.2	2.0
Total	24.0	24.0	24.0

Type of activity	percentage		
	Married	Single	Total
Personal care	48.3	49.6	48.7
Gainful work and study	4.6	3.7	4.2
Housework and family care	15.0	7.1	11.7
Volunteer work and meetings	2.9	2.9	3.3
Free time activities	21.3	27.5	23.8
Travel and unspecified time use	7.9	9.2	8.3
Total	100.0	100.0	100.0





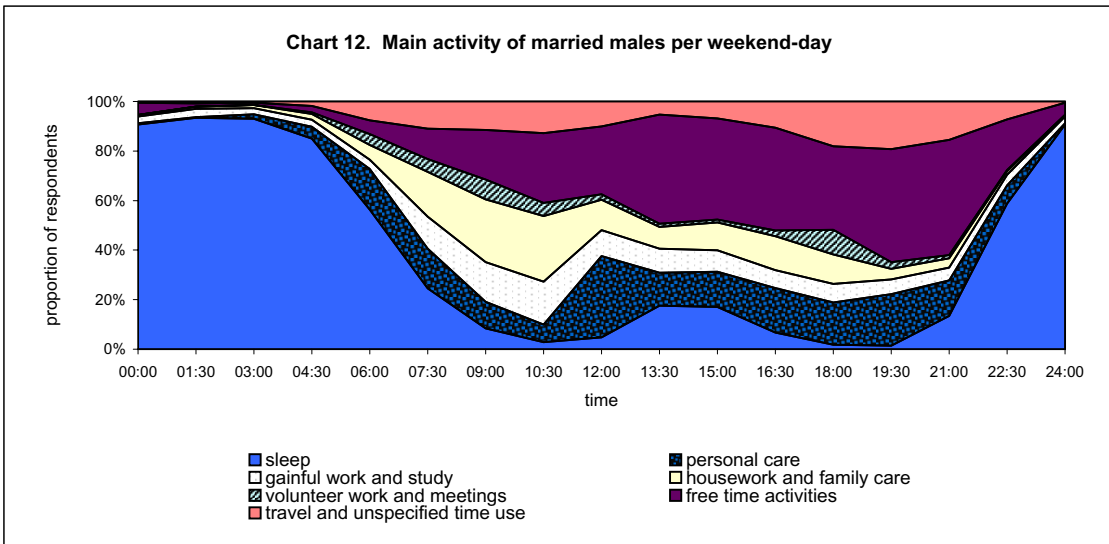
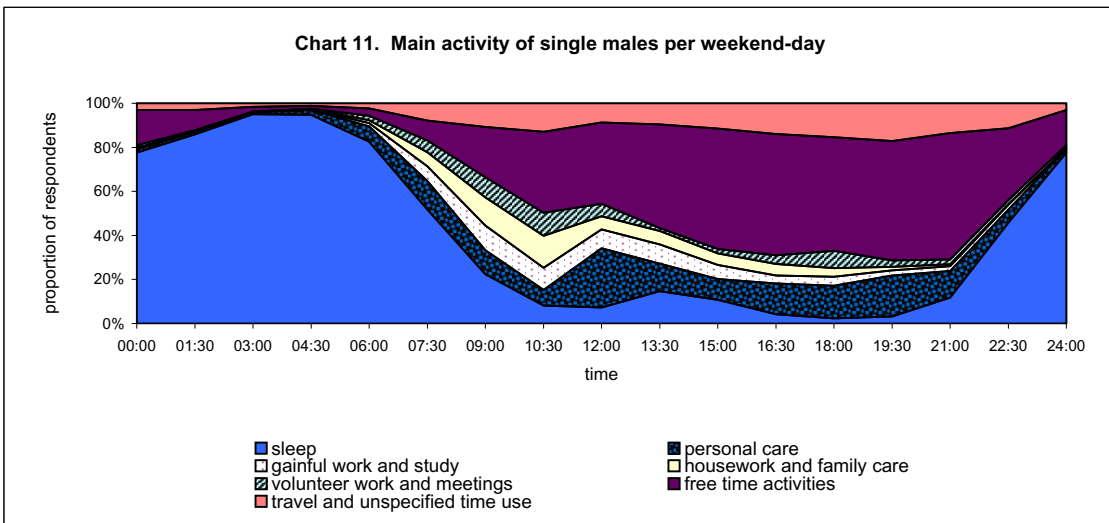
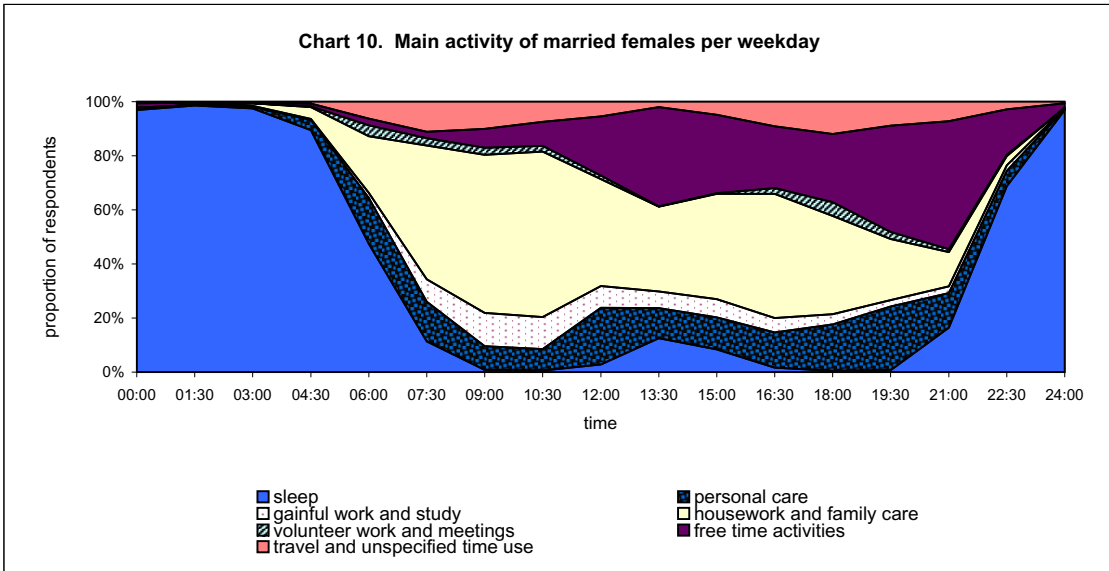


Chart 13. Main activity of single females per weekend-day

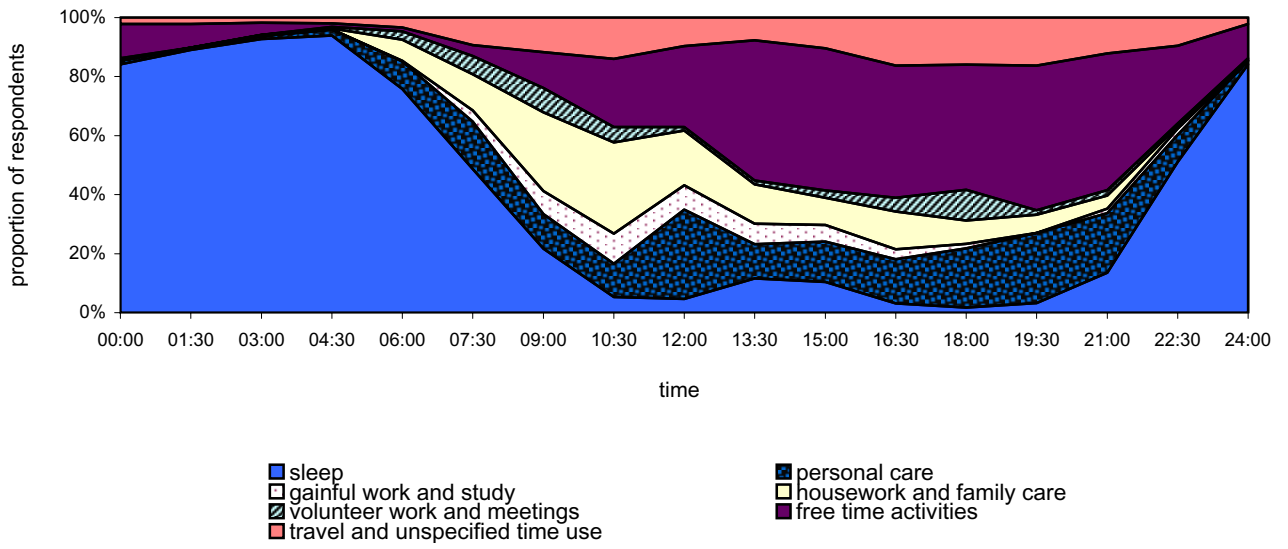


Chart 14. Main activity of married females per weekend-day

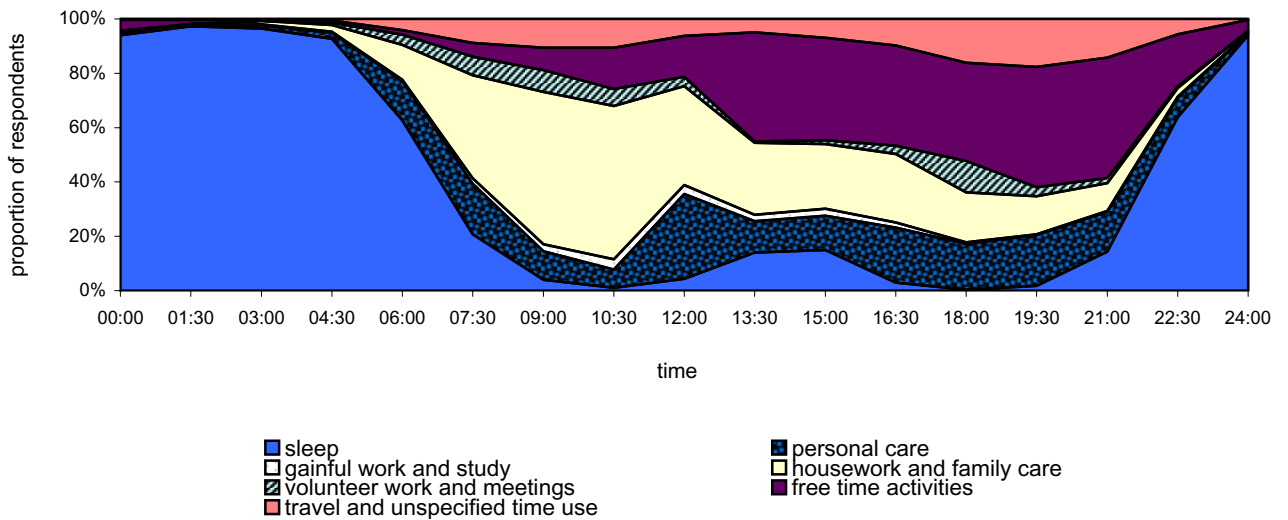


Table 11. Distribution of average time spent on main activity per weekday by employment status

Type of activity	hours						
	Employed	Unemployed	Student	Retired	Housekeeper	Other inactive	Total
Personal care	10.1	11.8	12.2	11.6	11.1	11.9	11.0
Gainful work and study	6.7	0.4	1.0	0.1	0.2	0.4	3.0
Housework and family care	1.7	3.6	1.5	4.1	6.9	3.2	3.3
Volunteer work and meetings	0.3	0.3	0.3	0.8	0.4	0.7	0.4
Free time activities	3.3	6.0	7.5	6.1	4.1	5.8	4.7
Travel and unspecified time use	1.9	1.9	1.5	1.3	1.3	2.0	1.6
Total	24.0	24.0	24.0	24.0	24.0	24.0	24.0

Type of activity	percentage						
	Employed	Unemployed	Student	Retired	Housekeeper	Other inactive	Total
Personal care	42.0	49.1	50.7	48.4	46.2	49.6	45.8
Gainful work and study	27.9	1.7	4.2	0.4	0.9	1.7	12.5
Housework and family care	7.1	15.0	6.3	17.1	28.9	13.3	13.7
Volunteer work and meetings	1.3	1.3	1.3	3.3	1.6	2.9	1.7
Free time activities	13.8	25.0	31.3	25.4	17.0	24.2	19.6
Travel and unspecified time use	7.9	7.9	6.2	5.4	5.4	8.3	6.7
Total	100.0	100.0	100.0	100.0	100.0	100.0	100.0

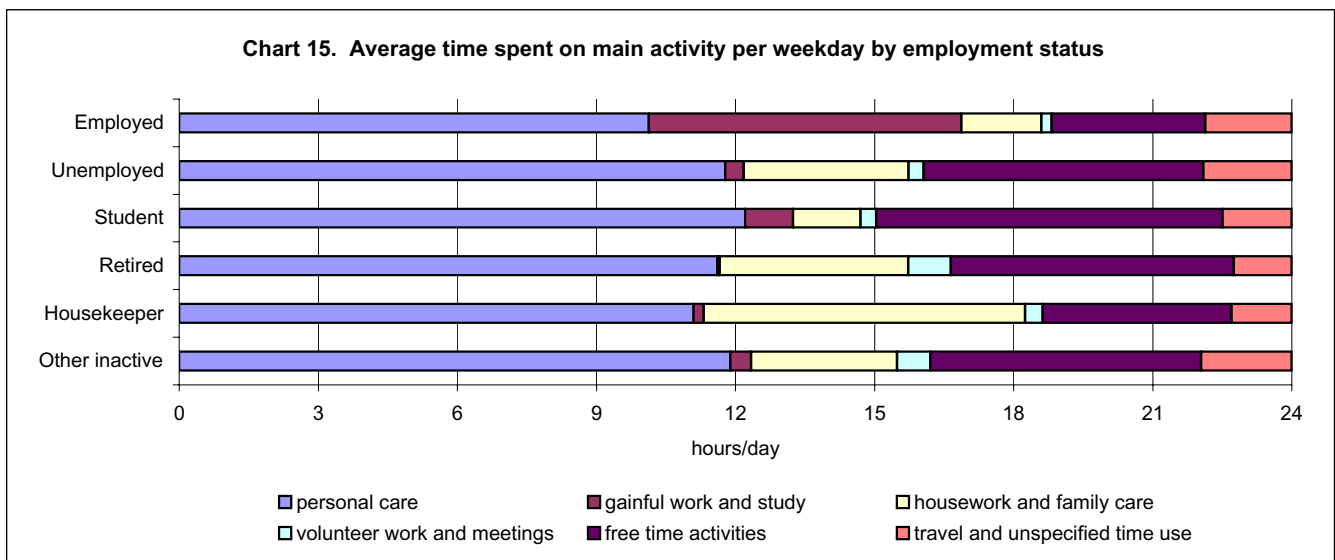
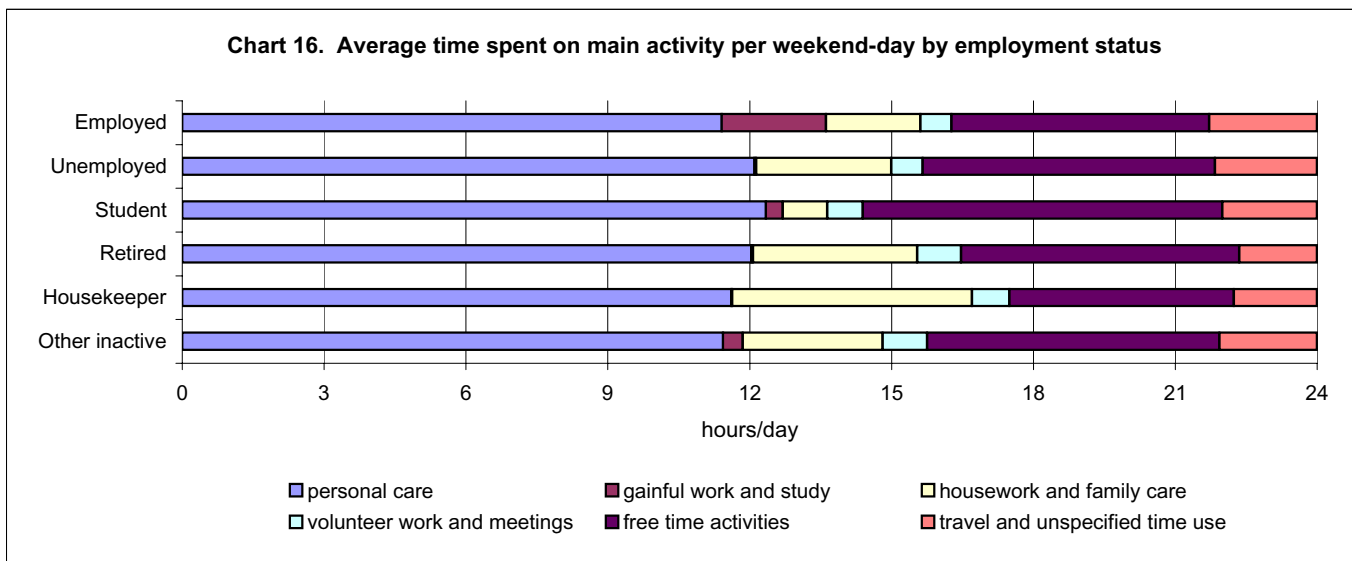


Table 12. Distribution of average time spent on main activity per weekend-day by employment status

Type of activity	hours						Total
	Employed	Unemployed	Student	Retired	Housekeeper	Other inactive	
Personal care	11.4	12.1	12.3	12.0	11.6	11.4	11.7
Gainful work and study	2.2	0.0	0.4	0.0	0.0	0.4	1.0
Housework and family care	2.0	2.9	0.9	3.5	5.1	3.0	2.8
Volunteer work and meetings	0.6	0.6	0.8	1.0	0.8	0.9	0.8
Free time activities	5.5	6.2	7.6	5.9	4.7	6.2	5.7
Travel and unspecified time use	2.3	2.2	2.0	1.6	1.8	2.1	2.0
Total	24.0	24.0	24.0	24.0	24.0	24.0	24.0

Type of activity	percentage						Total
	Employed	Unemployed	Student	Retired	Housekeeper	Other inactive	
Personal care	47.5	50.3	51.2	50.0	48.4	47.5	48.7
Gainful work and study	9.2	0.2	1.7	0.1	0.1	1.7	4.2
Housework and family care	8.3	12.0	3.8	14.5	21.3	12.5	11.7
Volunteer work and meetings	2.5	2.5	3.3	4.2	3.3	3.8	3.3
Free time activities	22.9	25.8	31.7	24.5	19.6	25.8	23.8
Travel and unspecified time use	9.6	9.2	8.3	6.7	7.5	8.7	8.3
Total	100.0	100.0	100.0	100.0	100.0	100.0	100.0



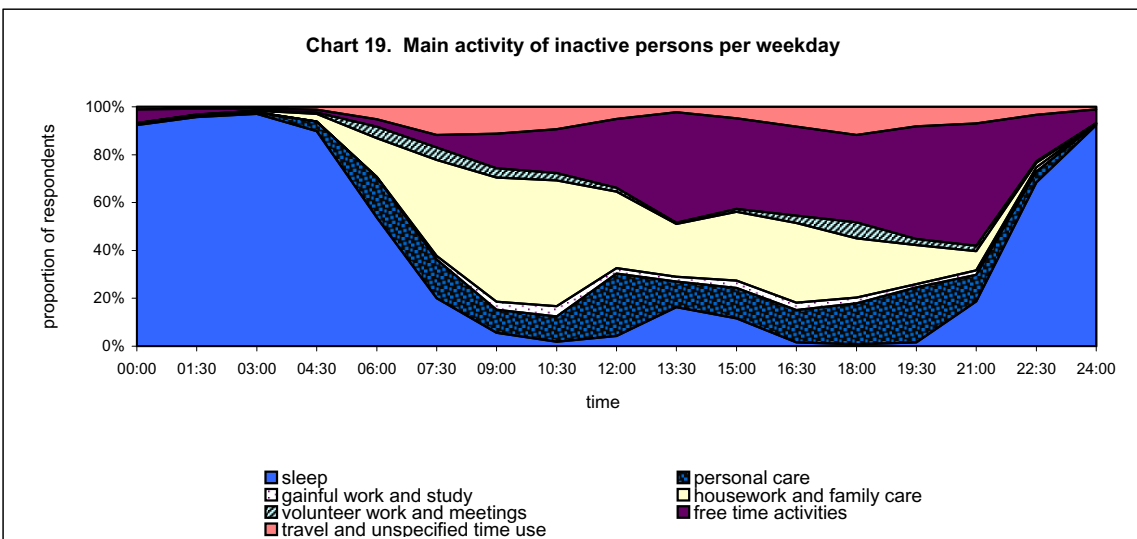
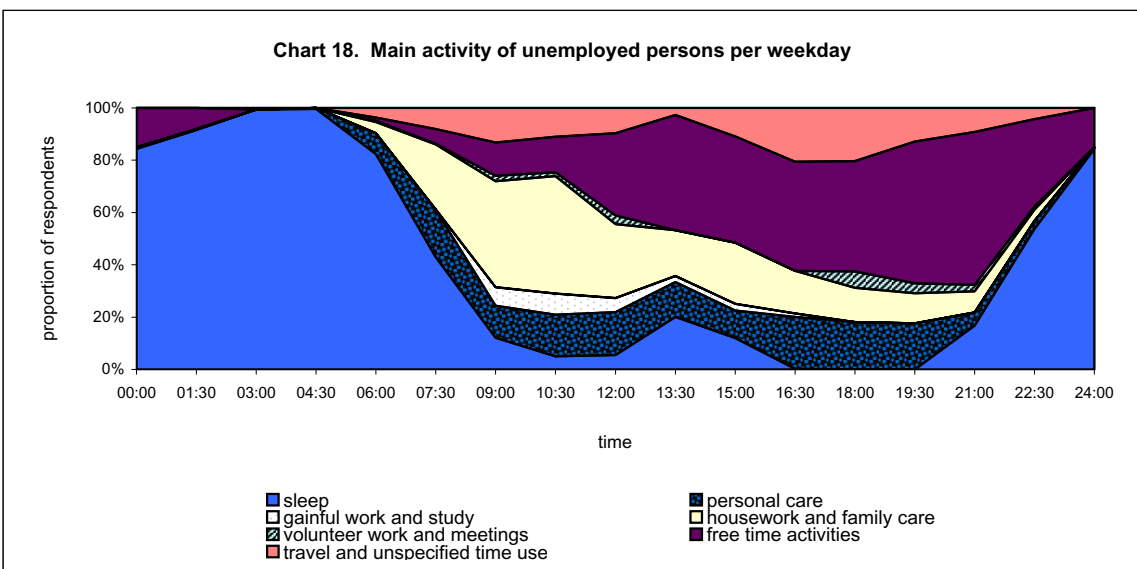
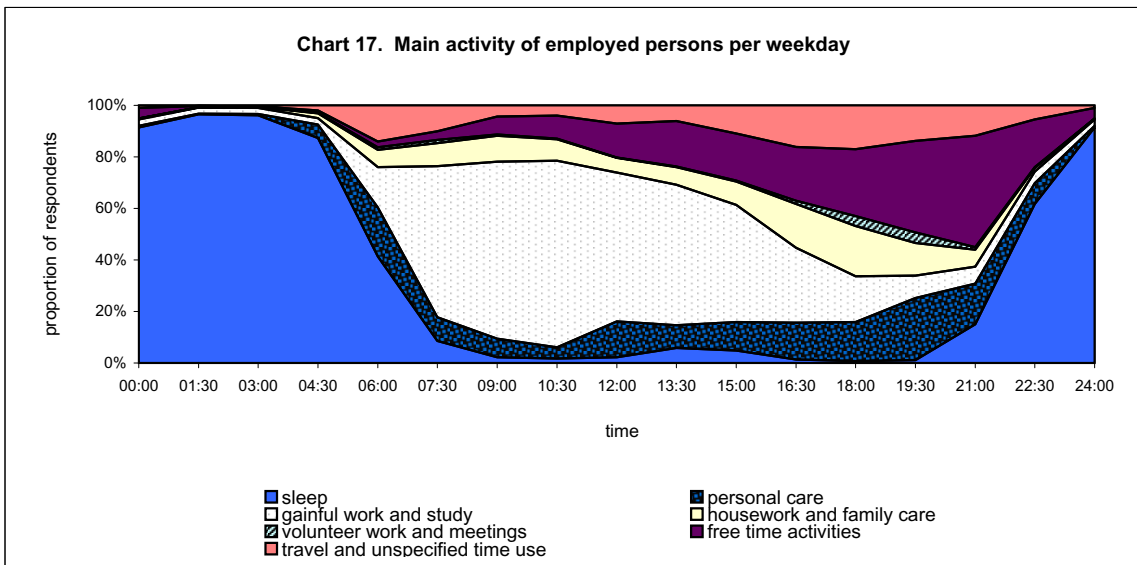


Chart 20. Main activity of children (aged less than 14 years) per weekday

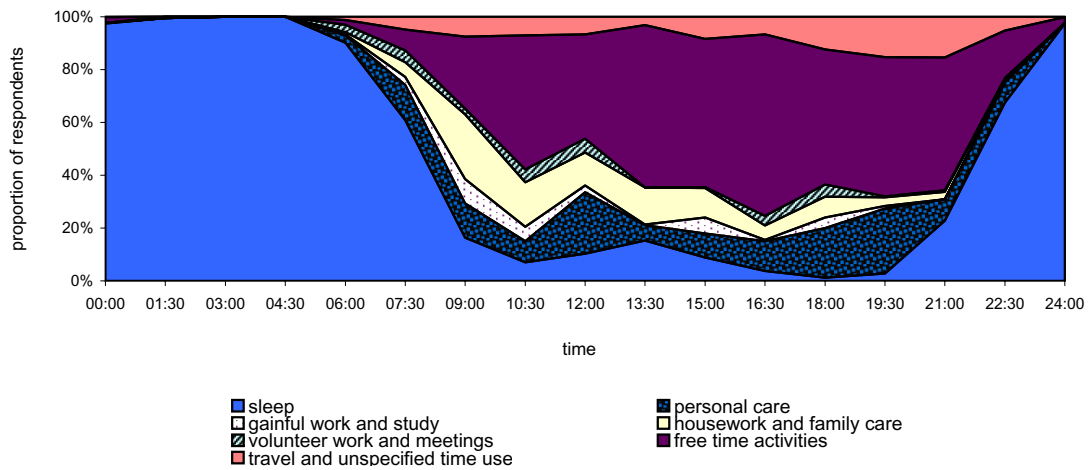


Chart 21. Main activity of employed persons per weekend-day

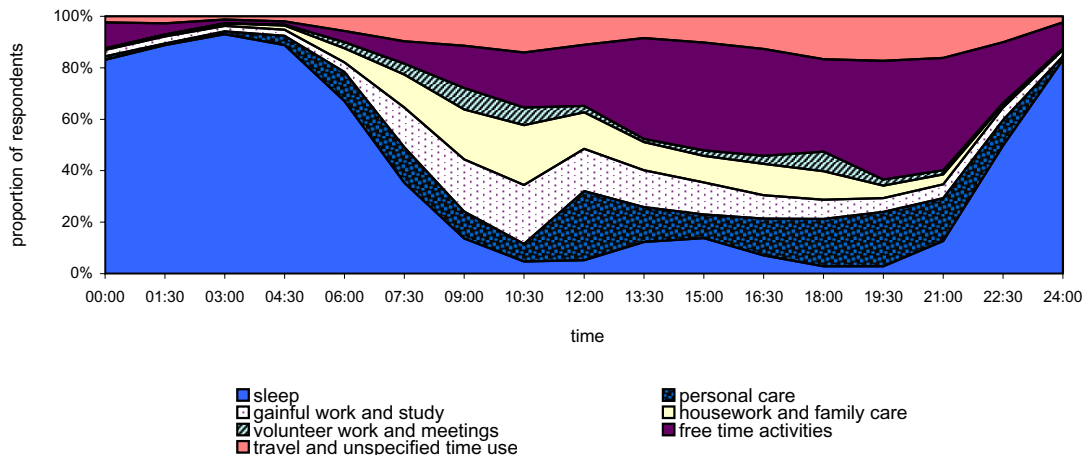


Chart 22. Main activity of unemployed persons per weekend-day

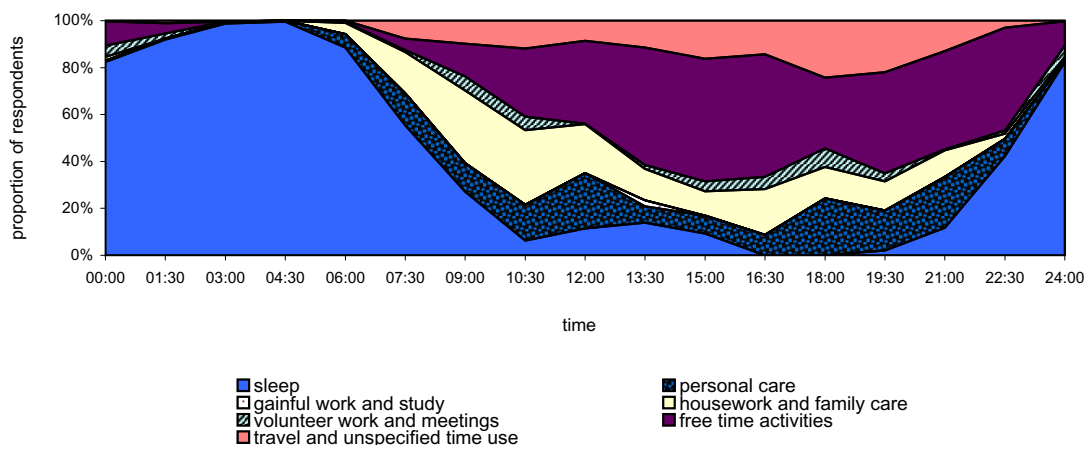


Chart 23. Main activity of inactive persons per weekend-day

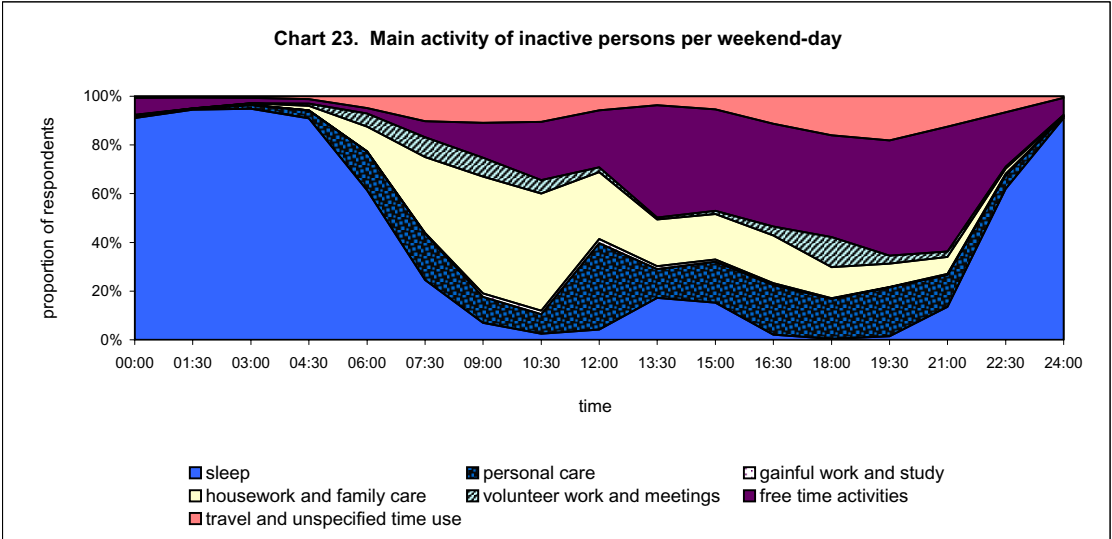


Chart 24. Main activity of children (aged less than 14 years) per weekend-day

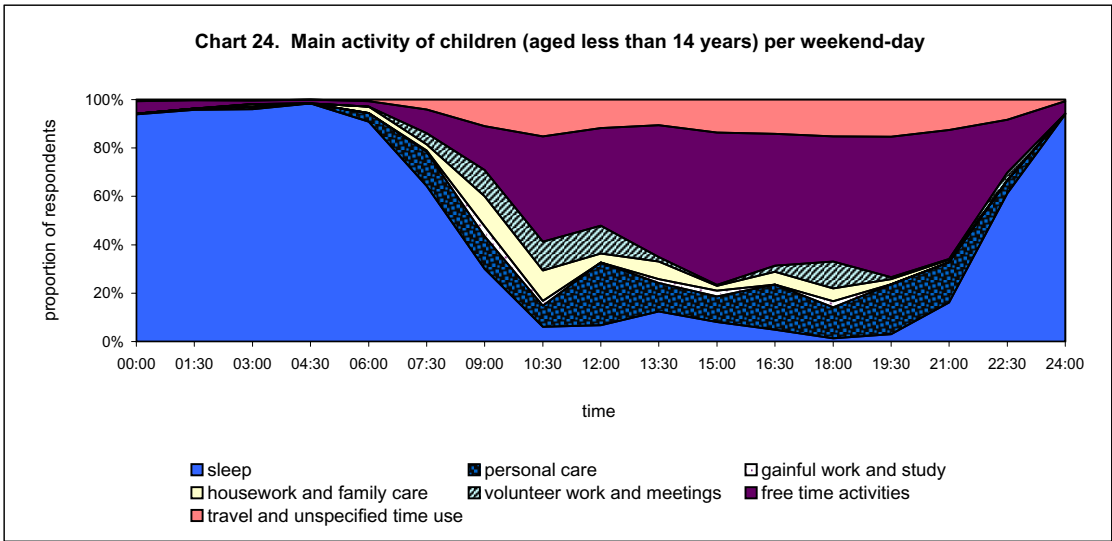


Table 13. Average time spent (in hours) on gainful work, housework and family care by sex and employment status per weekday*

Sex	Employment status	Gainful work	Housework and family care	Total
Males	With employment	7.1	1.2	8.3
	Without employment	0.3	2.6	2.9
	Total	4.7	1.7	6.4
Females	With employment	5.8	2.9	8.7
	Without employment	0.2	5.9	6.1
	Total	1.7	5.1	6.8
Total	With employment	6.7	1.7	8.4
	Without employment	0.2	4.9	5.1
	Total	3.2	3.4	6.6

* Including persons aged 15 years or older

Table 14. Average time spent (in hours) on gainful work, housework and family care by sex and employment status per weekend-day*

Sex	Employment status	Gainful work	Housework and family care	Total
Males	With employment	2.4	1.7	4.1
	Without employment	0.1	2.0	2.1
	Total	1.6	1.8	3.4
Females	With employment	1.7	2.6	4.3
	Without employment	0.0	4.6	4.6
	Total	0.5	4.1	4.6
Total	With employment	2.2	2.0	4.2
	Without employment	0.1	3.8	3.9
	Total	1.0	3.0	4.0

* Including persons aged 15 years or older

Table 15. Distribution of average time spent on main activity per weekday by educational level

Type of activity	hours					
	No schooling	Primary	Secondary	Post-secondary	Tertiary	Total
Personal care	11.7	11.7	10.7	10.2	10.3	11.0
Gainful work and study	2.0	1.4	3.9	4.1	4.7	3.0
Housework and family care	3.8	3.4	3.3	3.2	2.2	3.3
Volunteer work and meetings	0.2	0.6	0.3	0.2	0.4	0.4
Free time activities	5.2	5.5	4.2	4.3	4.5	4.7
Travel and unspecified time use	1.1	1.4	1.6	2.0	1.9	1.6
Total	24.0	24.0	24.0	24.0	24.0	24.0

Type of activity	percentage					
	No schooling	Primary	Secondary	Post-secondary	Tertiary	Total
Personal care	48.8	48.8	44.7	42.6	42.8	45.8
Gainful work and study	8.3	5.8	16.2	17.1	19.6	12.5
Housework and family care	15.8	14.2	13.8	13.3	9.2	13.7
Volunteer work and meetings	0.8	2.5	1.2	0.8	1.7	1.7
Free time activities	21.7	22.9	17.3	17.9	18.8	19.6
Travel and unspecified time use	4.6	5.8	6.8	8.3	7.9	6.7
Total	100.0	100.0	100.0	100.0	100.0	100.0

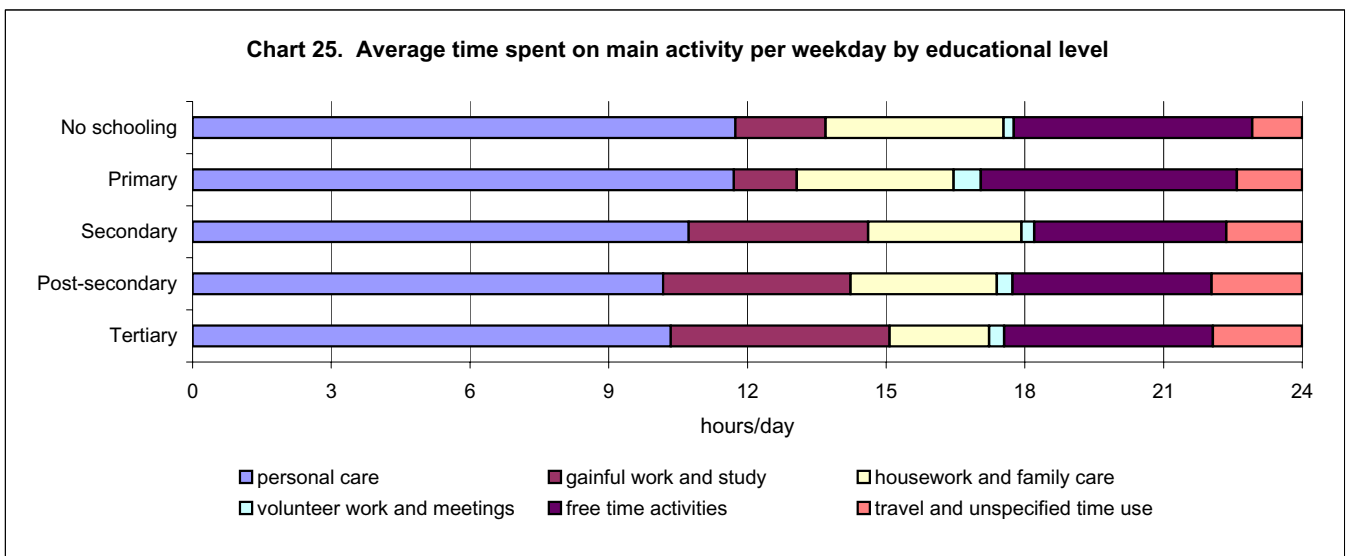


Table 16. Distribution of average time spent on main activity per weekend-day by educational level

Type of activity	hours					
	No schooling	Primary	Secondary	Post-secondary	Tertiary	Total
Personal care	11.4	12.2	11.5	11.4	11.5	11.7
Gainful work and study	0.3	0.4	1.4	1.2	1.5	1.0
Housework and family care	3.8	2.7	2.9	2.6	2.1	2.8
Volunteer work and meetings	0.7	0.9	0.7	0.8	0.6	0.8
Free time activities	6.6	5.9	5.5	5.8	5.9	5.7
Travel and unspecified time use	1.2	1.9	2.0	2.2	2.4	2.0
Total	24.0	24.0	24.0	24.0	24.0	24.0
Type of activity	percentage					
	No schooling	Primary	Secondary	Post-secondary	Tertiary	Total
Personal care	47.5	50.7	47.9	47.5	47.9	48.7
Gainful work and study	1.3	1.7	5.8	5.0	6.3	4.2
Housework and family care	15.8	11.3	12.1	10.8	8.8	11.7
Volunteer work and meetings	2.9	3.8	2.9	3.3	2.5	3.3
Free time activities	27.5	24.6	23.0	24.2	24.5	23.8
Travel and unspecified time use	5.0	7.9	8.3	9.2	10.0	8.3
Total	100.0	100.0	100.0	100.0	100.0	100.0

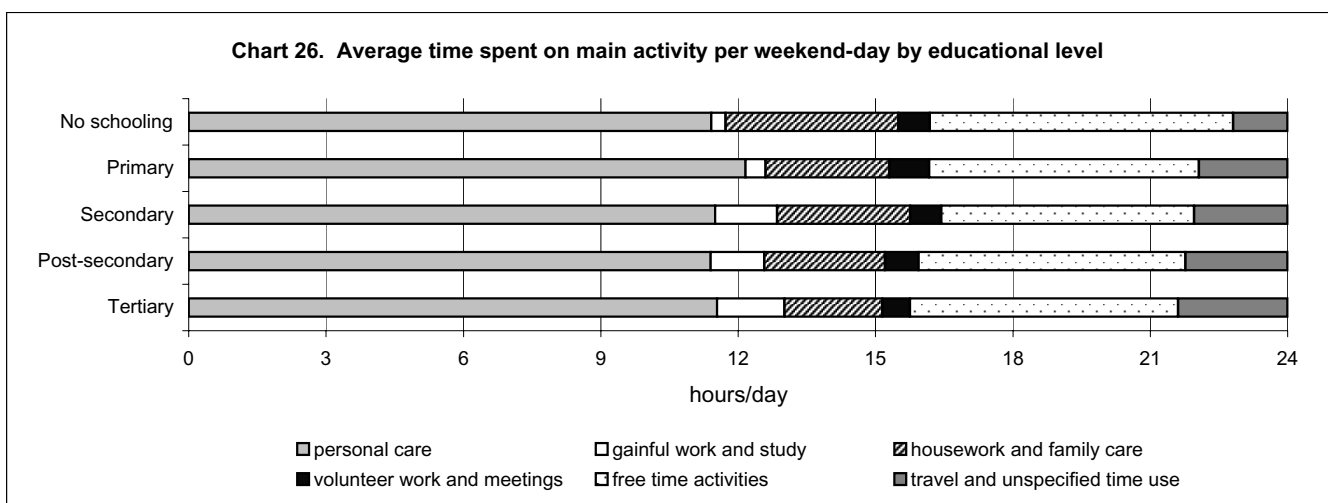


Table 17. Distribution of average time spent on personal care per weekday by sex

Sex	hours			Total
	Sleep	Eating	Other personal care	
Males	8.4	1.6	0.8	10.8
Females	8.8	1.6	0.8	11.2
Total	8.6	1.6	0.8	11.0
Sex	percentage			Total
	Sleep	Eating	Other personal care	
Males	77.8	14.8	7.4	100.0
Females	78.6	14.3	7.1	100.0
Total	78.1	14.6	7.3	100.0

Table 18. Distribution of average time spent on personal care per weekend-day by sex

Sex	hours			
	Sleep	Eating	Other personal care	Total
Males	8.9	1.8	0.9	11.6
Females	9.0	1.8	1.0	11.8
Total	8.9	1.8	1.0	11.7
Sex	percentage			
	Sleep	Eating	Other personal care	Total
Males	76.7	15.5	7.8	100.0
Females	76.2	15.3	8.5	100.0
Total	76.1	15.4	8.5	100.0

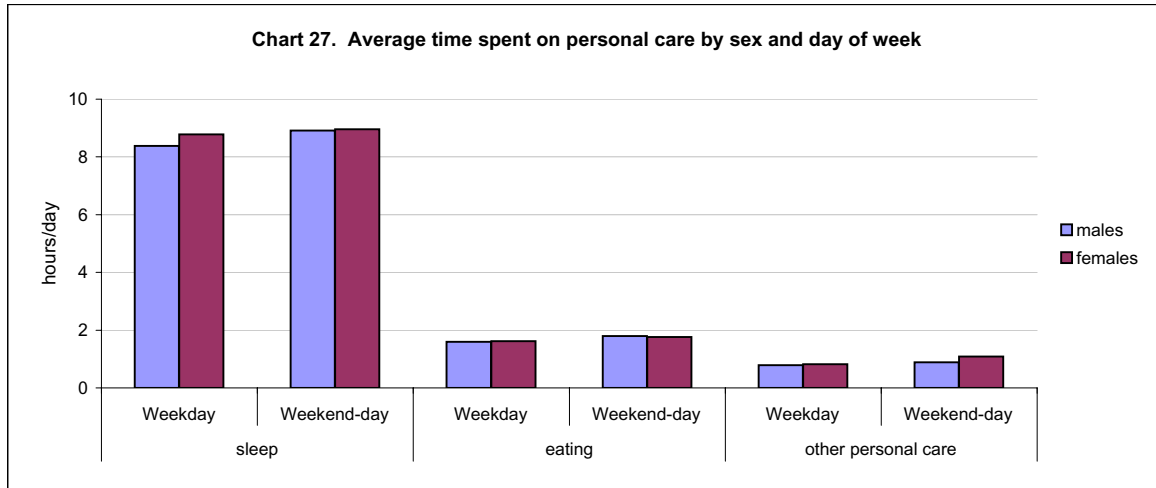


Table 19. Distribution of average time spent on personal care per weekday by age group

Age group	hours			
	Sleep	Eating	Other personal care	Total
10 - 14	10.6	1.5	0.6	12.7
15 - 24	8.9	1.2	0.8	10.9
25 - 34	8.1	1.4	0.8	10.3
35 - 44	8.0	1.5	0.9	10.4
45 - 54	8.3	1.7	0.7	10.7
55 - 64	8.2	1.8	0.8	10.8
65+	8.7	2.1	1.0	11.8
Total	8.6	1.6	0.8	11.0
Age group	percentage			
	Sleep	Eating	Other personal care	Total
10 - 14	83.5	11.8	4.7	100.0
15 - 24	81.7	11.0	7.3	100.0
25 - 34	78.6	13.6	7.8	100.0
35 - 44	76.9	14.4	8.7	100.0
45 - 54	77.6	15.9	6.5	100.0
55 - 64	75.9	16.7	7.4	100.0
65+	73.7	17.8	8.5	100.0
Total	78.1	14.6	7.3	100.0

Table 20. Distribution of average time spent on personal care per weekend-day by age group

Age group	hours			
	Sleep	Eating	Other personal care	Total
10 - 14	10.4	1.4	1.0	12.8
15 - 24	8.8	1.4	1.2	11.4
25 - 34	9.2	1.7	0.9	11.8
35 - 44	8.8	1.6	0.9	11.3
45 - 54	8.6	1.9	0.9	11.4
55 - 64	8.5	2.1	0.9	11.5
65+	8.9	2.2	1.1	12.2
Total	8.9	1.8	1.0	11.7

Age group	percentage			
	Sleep	Eating	Other personal care	Total
10 - 14	81.3	10.9	7.8	100.0
15 - 24	77.2	12.3	10.5	100.0
25 - 34	78.0	14.4	7.6	100.0
35 - 44	77.8	14.2	8.0	100.0
45 - 54	75.4	16.7	7.9	100.0
55 - 64	73.9	18.3	7.8	100.0
65+	73.0	18.0	9.0	100.0
Total	76.1	15.4	8.5	100.0

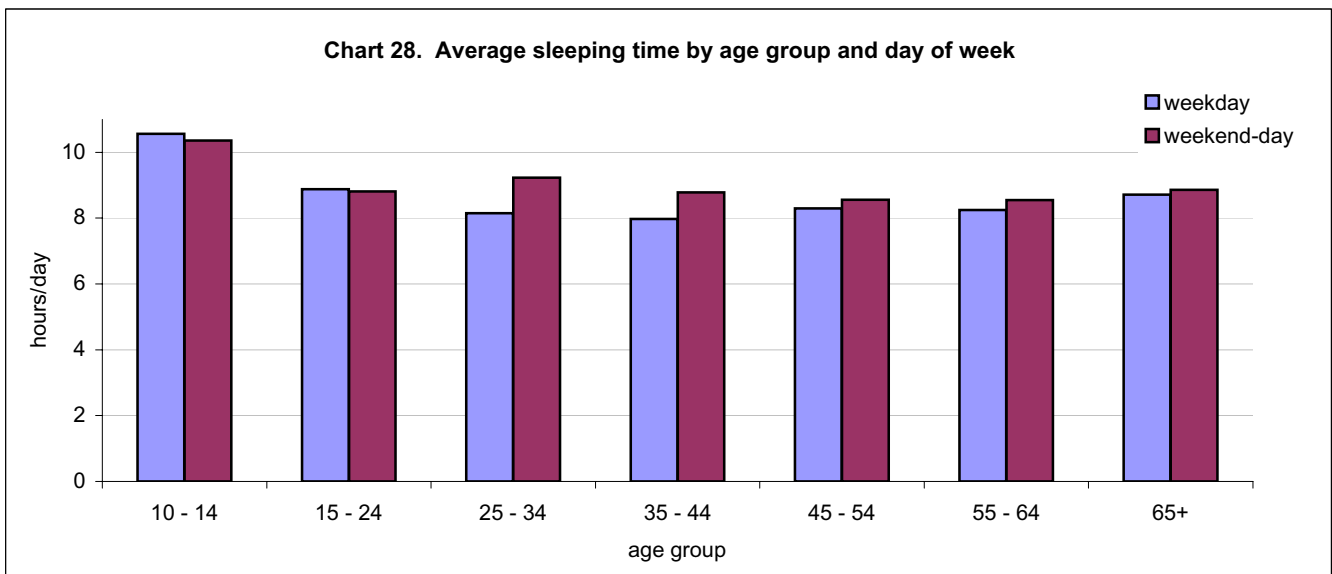


Table 21. Distribution of average time spent on personal care per weekday by educational level

Educational level	hours			
	Sleep	Eating	Other personal care	Total
No schooling	9.5	1.5	0.7	11.7
Primary	9.1	1.7	0.9	11.7
Secondary	8.4	1.5	0.8	10.7
Post-secondary	7.9	1.5	0.8	10.2
Tertiary	7.8	1.7	0.8	10.3
Total	8.6	1.6	0.8	11.0

Educational level	percentage			
	Sleep	Eating	Other personal care	Total
No schooling	81.3	12.8	5.9	100.0
Primary	77.8	14.5	7.7	100.0
Secondary	78.5	14.0	7.5	100.0
Post-secondary	77.5	14.7	7.8	100.0
Tertiary	75.7	16.5	7.8	100.0
Total	78.1	14.6	7.3	100.0

Table 22. Distribution of average time spent on personal care per weekend-day by educational level

Educational level	hours			
	Sleep	Eating	Other personal care	Total
No schooling	9.0	1.5	0.9	11.4
Primary	9.2	1.8	1.2	12.2
Secondary	8.8	1.7	1.0	11.5
Post-secondary	8.6	1.8	1.0	11.4
Tertiary	8.7	1.9	0.9	11.5
Total	8.9	1.8	1.0	11.7

Educational level	percentage			
	Sleep	Eating	Other personal care	Total
No schooling	78.9	13.2	7.9	100.0
Primary	75.4	14.8	9.8	100.0
Secondary	76.5	14.8	8.7	100.0
Post-secondary	75.5	15.7	8.8	100.0
Tertiary	75.7	16.5	7.8	100.0
Total	76.1	15.4	8.5	100.0

Table 23. Distribution of average time spent on personal care per weekday by marital status

Marital status	hours			
	Sleep	Eating	Other personal care	Total
Married	8.2	1.7	0.9	10.8
Single	9.1	1.4	0.8	11.3
Total	8.6	1.6	0.8	11.0
percentage				
Married	76.0	15.7	8.3	100.0
Single	80.5	12.4	7.1	100.0
Total	78.1	14.6	7.3	100.0

Table 24. Distribution of average time spent on personal care per weekend-day by marital status

Marital status	hours			
	Sleep	Eating	Other personal care	Total
Married	8.7	1.9	1.0	11.6
Single	9.3	1.6	1.0	11.9
Total	8.9	1.8	1.0	11.7
percentage				
Married	75.0	16.4	8.6	100.0
Single	78.2	13.4	8.4	100.0
Total	76.1	15.4	8.5	100.0

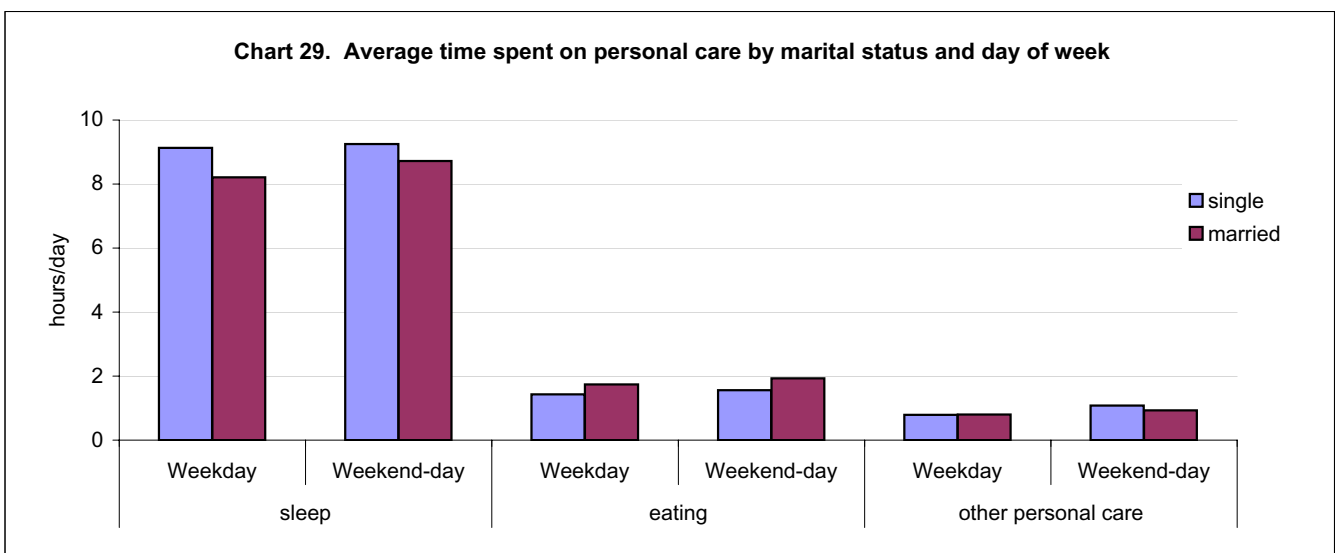


Table 25. Distribution of average time spent on personal care per weekday by employment status

Employment status	hours			
	Sleep	Eating	Other personal care	Total
Employed	7.9	1.4	0.8	10.1
Unemployed	9.4	1.5	0.9	11.8
Student	10.0	1.4	0.8	12.2
Retired	8.6	2.1	0.9	11.6
Housekeeper	8.6	1.8	0.7	11.1
Other inactive	9.4	1.8	0.7	11.9
Total	8.6	1.6	0.8	11.0
percentage				
Employed	78.2	13.9	7.9	100.0
Unemployed	79.6	12.7	7.7	100.0
Student	81.9	11.5	6.6	100.0
Retired	74.2	18.1	7.7	100.0
Housekeeper	77.5	16.2	6.3	100.0
Other inactive	79.0	15.1	5.9	100.0
Total	78.1	14.6	7.3	100.0

Table 26. Distribution of average time spent on personal care per weekend-day by employment status

Employment status	hours			
	Sleep	Eating	Other personal care	Total
Employed	8.7	1.7	1.0	11.4
Unemployed	9.6	1.6	0.9	12.1
Student	9.8	1.4	1.1	12.3
Retired	8.7	2.2	1.1	12.0
Housekeeper	8.8	1.9	0.9	11.6
Other inactive	8.6	2.0	0.8	11.4
Total	8.9	1.8	1.0	11.7
percentage				
Employed	76.3	14.9	8.8	100.0
Unemployed	79.4	13.3	7.3	100.0
Student	79.7	11.4	8.9	100.0
Retired	72.5	18.3	9.2	100.0
Housekeeper	75.9	16.3	7.8	100.0
Other inactive	75.5	17.5	7.0	100.0
Total	76.1	15.4	8.5	100.0

Table 27. Average time spent (in minutes) on washing and dressing by sex, age group and day of week

Age group	Weekday			Weekend-day		
	Males	Females	Total	Males	Females	Total
10 - 14	31.7	51.6	41.9	52.6	77.3	65.3
15 - 24	45.3	55.8	50.5	53.9	87.3	70.3
25 - 34	46.7	39.8	43.5	43.2	55.9	50.0
35 - 44	43.5	52.2	47.8	52.9	59.6	56.2
45 - 54	43.1	45.7	44.5	55.6	53.9	54.8
55 - 64	44.4	43.1	43.8	48.7	53.4	51.1
65+	62.5	50.8	55.7	65.0	67.6	66.5
Total	45.6	48.5	47.1	53.2	64.8	59.1

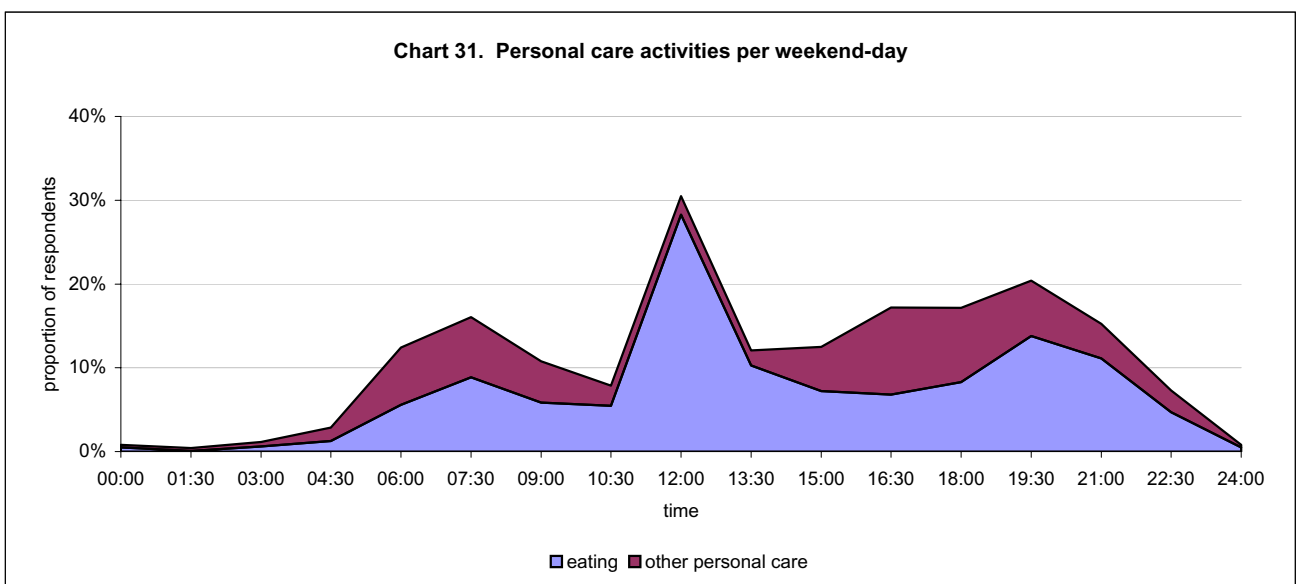
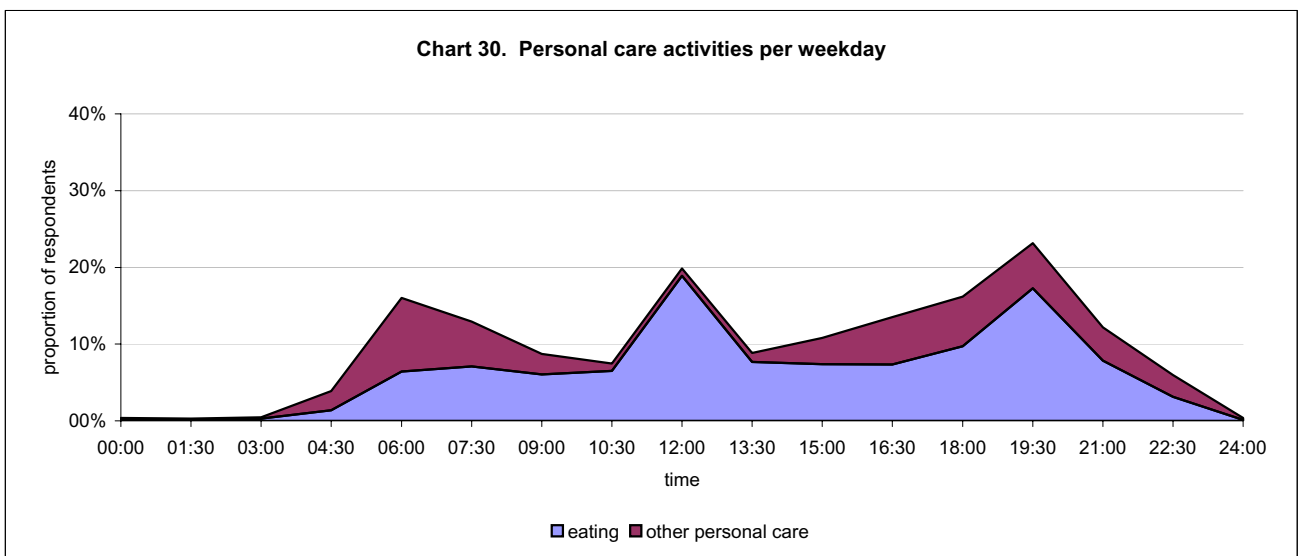


Table 28. Distribution of average time spent on free time activities per weekday by sex

Type of activity	minutes		
	Males	Females	Total
Social life and entertainment	57.4	51.0	54.1
Sports and outdoor activities	32.2	24.1	28.1
Hobbies and games	36.9	19.8	28.1
Mass media	128.5	126.1	127.3
Relaxing	42.4	46.2	44.3
Total	297.4	267.2	282.0

Type of activity	percentage		
	Males	Females	Total
Social life and entertainment	19.3	19.1	19.2
Sports and outdoor activities	10.8	9.0	10.0
Hobbies and games	12.4	7.4	10.0
Mass media	43.2	47.2	45.1
Relaxing	14.3	17.3	15.7
Total	100.0	100.0	100.0

Table 29. Distribution of average time spent on free time activities per weekend-day by sex

Type of activity	minutes		
	Males	Females	Total
Social life and entertainment	100.6	94.9	97.7
Sports and outdoor activities	52.5	30.8	41.4
Hobbies and games	26.3	16.2	21.1
Mass media	146.8	117.1	131.6
Relaxing	52.9	53.2	53.0
Total	379.1	312.1	344.9

Type of activity	percentage		
	Males	Females	Total
Social life and entertainment	26.6	30.4	28.3
Sports and outdoor activities	13.8	9.9	12.0
Hobbies and games	6.9	5.2	6.1
Mass media	38.8	37.5	38.2
Relaxing	13.9	17.0	15.4
Total	100.0	100.0	100.0

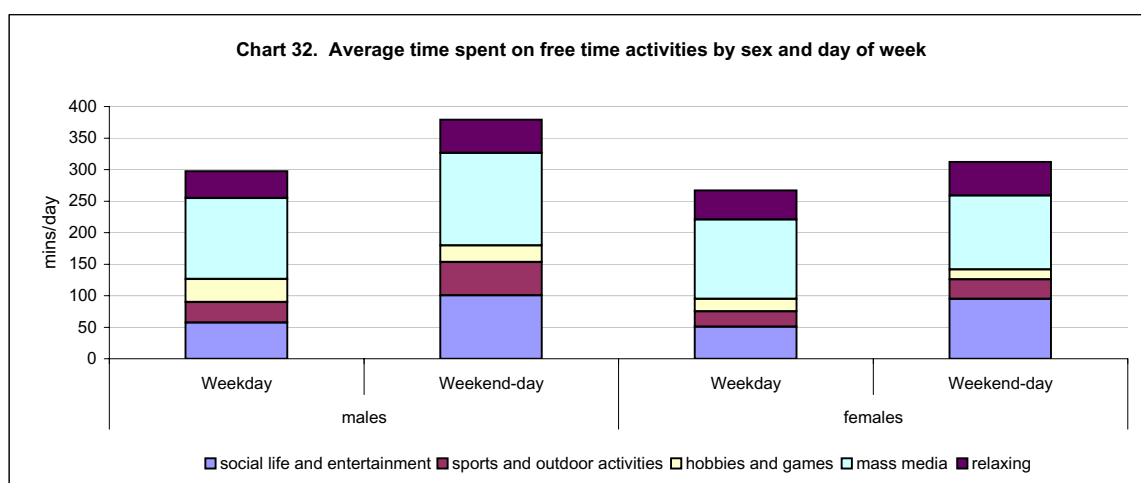


Table 30. Distribution of average time spent on free time activities per weekday by age group

Type of activity	minutes							Total
	10 - 14	15 - 24	25 - 34	35 - 44	45 - 54	55 - 64	65+	
Social life and entertainment	47.8	97.0	43.9	41.9	36.3	71.4	38.7	54.1
Sports and outdoor activities	56.2	36.8	21.6	15.4	19.8	30.0	28.8	28.1
Hobbies and games	128.8	46.8	19.7	4.6	10.0	14.0	9.2	28.1
Mass media	190.6	112.1	103.9	92.9	118.0	136.1	171.5	127.3
Relaxing	15.8	24.1	30.7	34.4	47.7	55.0	99.7	44.3
Total	439.1	316.8	219.8	189.4	231.8	306.6	347.9	282.0

Type of activity	percentage							Total
	10 - 14	15 - 24	25 - 34	35 - 44	45 - 54	55 - 64	65+	
Social life and entertainment	10.9	30.6	20.0	22.1	15.6	23.3	11.1	19.2
Sports and outdoor activities	12.8	11.6	9.8	8.1	8.5	9.8	8.3	10.0
Hobbies and games	29.3	14.8	9.0	2.4	4.3	4.6	2.7	10.0
Mass media	43.4	35.4	47.3	49.1	50.9	44.4	49.3	45.1
Relaxing	3.6	7.6	13.9	18.3	20.7	17.9	28.6	15.7
Total	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0

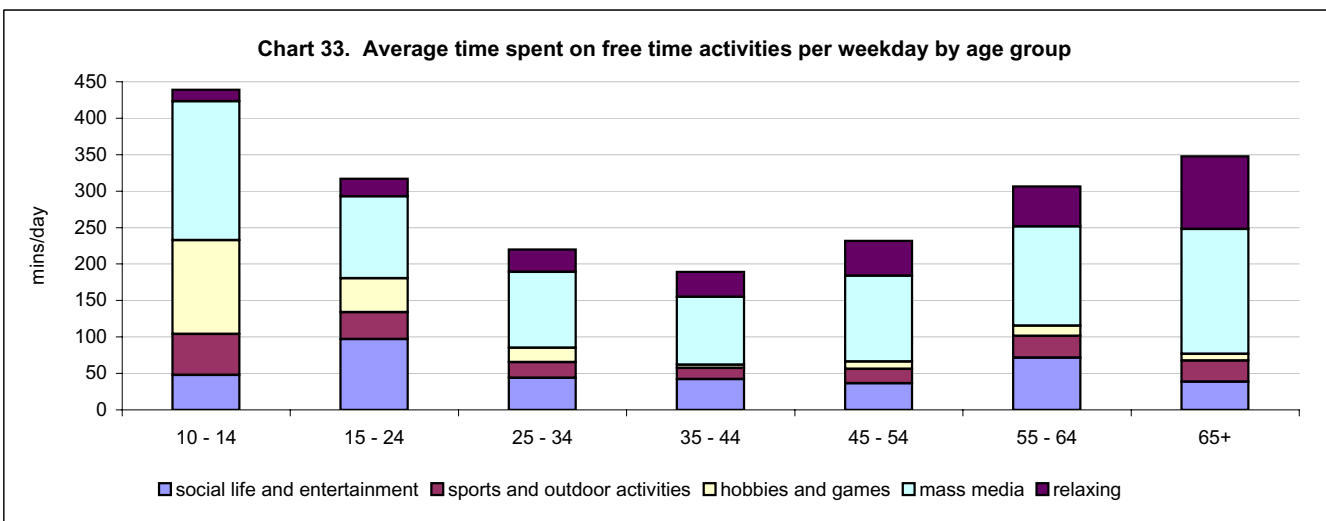


Table 31. Distribution of average time spent on free time activities per weekend-day by age group

Type of activity	minutes							Total
	10 - 14	15 - 24	25 - 34	35 - 44	45 - 54	55 - 64	65+	
Social life and entertainment	122.5	156.1	83.4	94.1	83.1	76.7	64.9	97.7
Sports and outdoor activities	56.7	70.9	35.4	22.9	36.4	34.6	33.7	41.4
Hobbies and games	87.2	36.3	12.0	7.8	7.2	17.0	5.1	21.1
Mass media	145.9	117.3	123.4	115.3	131.3	147.4	153.6	131.6
Relaxing	22.1	49.9	28.2	44.9	67.3	62.6	85.3	53.0
Total	434.4	430.5	282.5	285.0	325.3	338.3	342.6	344.9

Type of activity	percentage							Total
	10 - 14	15 - 24	25 - 34	35 - 44	45 - 54	55 - 64	65+	
Social life and entertainment	28.2	36.3	29.5	33.0	25.6	22.7	18.9	28.3
Sports and outdoor activities	13.1	16.5	12.5	8.0	11.2	10.2	9.8	12.0
Hobbies and games	20.1	8.4	4.3	2.7	2.2	5.0	1.5	6.1
Mass media	33.6	27.2	43.7	40.5	40.3	43.6	44.8	38.2
Relaxing	5.0	11.6	10.0	15.8	20.7	18.5	25.0	15.4
Total	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0

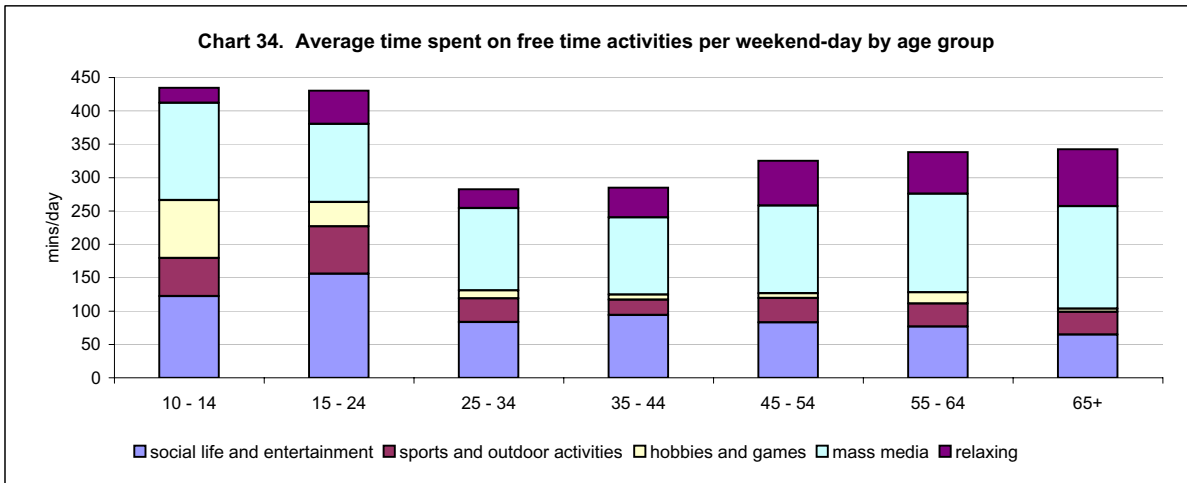


Table 32. Distribution of average time spent on free time activities per weekday by marital status

Type of activity	minutes		
	Married	Single	Total
Social life and entertainment	41.8	72.1	54.1
Sports and outdoor activities	22.3	36.4	28.1
Hobbies and games	10.7	53.6	28.1
Mass media	118.3	140.4	127.3
Relaxing	48.4	38.3	44.3
Total	241.5	341.0	282.0

Type of activity	percentage		
	Married	Single	Total
Social life and entertainment	17.3	21.2	19.2
Sports and outdoor activities	9.3	10.7	10.0
Hobbies and games	4.4	15.7	10.0
Mass media	49.0	41.2	45.1
Relaxing	20.0	11.2	15.7
Total	100.0	100.0	100.0

Table 33. Distribution of average time spent on free time activities per weekend-day by marital status

Type of activity	minutes		
	Married	Single	Total
Social life and entertainment	78.7	125.0	97.7
Sports and outdoor activities	35.1	50.5	41.4
Hobbies and games	9.0	38.7	21.1
Mass media	130.5	133.2	131.6
Relaxing	55.4	49.6	53.0
Total	308.7	397.1	344.9

Type of activity	percentage		
	Married	Single	Total
Social life and entertainment	25.5	31.5	28.3
Sports and outdoor activities	11.4	12.7	12.0
Hobbies and games	2.9	9.7	6.1
Mass media	42.3	33.6	38.2
Relaxing	17.9	12.5	15.4
Total	100.0	100.0	100.0

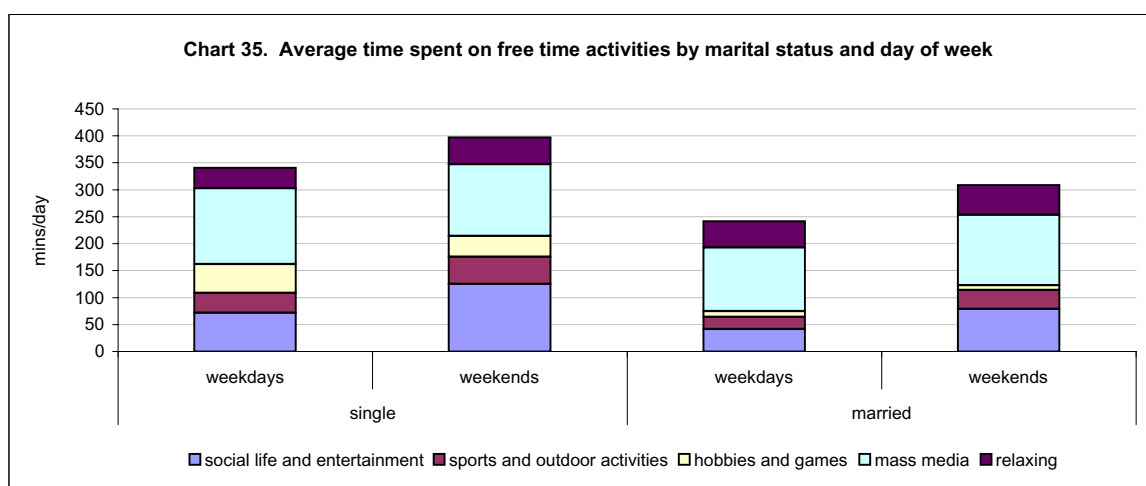


Table 34. Distribution of average time spent on free time activities per weekday by employment status

Type of activity	minutes						Total
	Employed	Unemployed	Student	Retired	Housekeeper	Other inactive	
Social life and entertainment	50.1	81.0	75.8	51.6	40.9	65.2	54.1
Sports and outdoor activities	18.6	26.5	61.2	34.8	21.4	13.7	28.1
Hobbies and games	15.1	40.9	99.8	19.8	5.0	28.3	28.1
Mass media	87.0	174.5	185.9	167.0	121.7	168.7	127.3
Relaxing	27.4	39.4	25.7	92.7	55.2	74.5	44.3
Total	198.3	362.3	448.4	366.0	244.2	350.4	282.0

Type of activity	percentage						Total
	Employed	Unemployed	Student	Retired	Housekeeper	Other inactive	
Social life and entertainment	25.3	22.4	16.9	14.1	16.7	18.6	19.2
Sports and outdoor activities	9.4	7.3	13.6	9.5	8.8	3.9	10.0
Hobbies and games	7.6	11.3	22.3	5.4	2.0	8.1	10.0
Mass media	43.9	48.2	41.5	45.6	49.8	48.1	45.1
Relaxing	13.8	10.8	5.7	25.4	22.7	21.3	15.7
Total	100.0	100.0	100.0	100.0	100.0	100.0	100.0

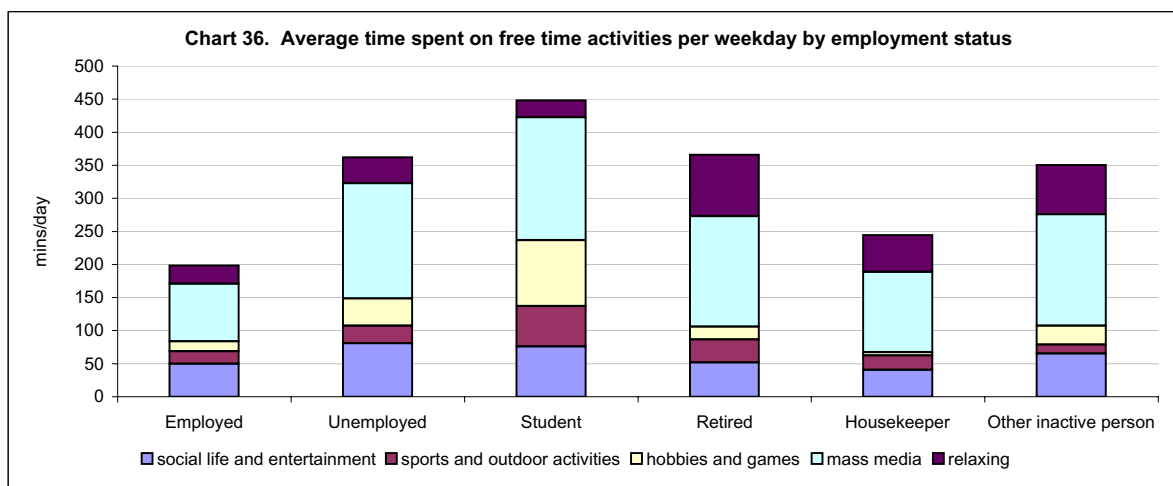


Table 35. Distribution of average time spent on free time activities per weekend-day by employment status

Type of activity	minutes						Total
	Employed	Unemployed	Student	Retired	Housekeeper	Other inactive	
Social life and entertainment	98.0	94.3	149.7	79.7	75.0	81.1	97.7
Sports and outdoor activities	38.2	67.1	67.7	38.9	29.0	22.6	41.4
Hobbies and games	18.1	18.2	68.0	10.1	4.1	4.3	21.1
Mass media	125.0	139.1	145.0	149.1	115.4	170.4	131.6
Relaxing	47.9	52.2	25.5	75.1	61.5	92.7	53.0
Total	327.2	370.9	455.9	353.0	285.0	371.0	344.9

Type of activity	percentage						Total
	Employed	Unemployed	Student	Retired	Housekeeper	Other inactive	
Social life and entertainment	30.0	25.4	32.8	22.6	26.3	21.9	28.3
Sports and outdoor activities	11.7	18.1	14.9	11.0	10.2	6.1	12.0
Hobbies and games	5.5	4.9	14.9	2.9	1.5	1.2	6.1
Mass media	38.2	37.5	31.8	42.2	40.5	45.9	38.2
Relaxing	14.6	14.1	5.6	21.3	21.5	24.9	15.4
Total	100.0	100.0	100.0	100.0	100.0	100.0	100.0

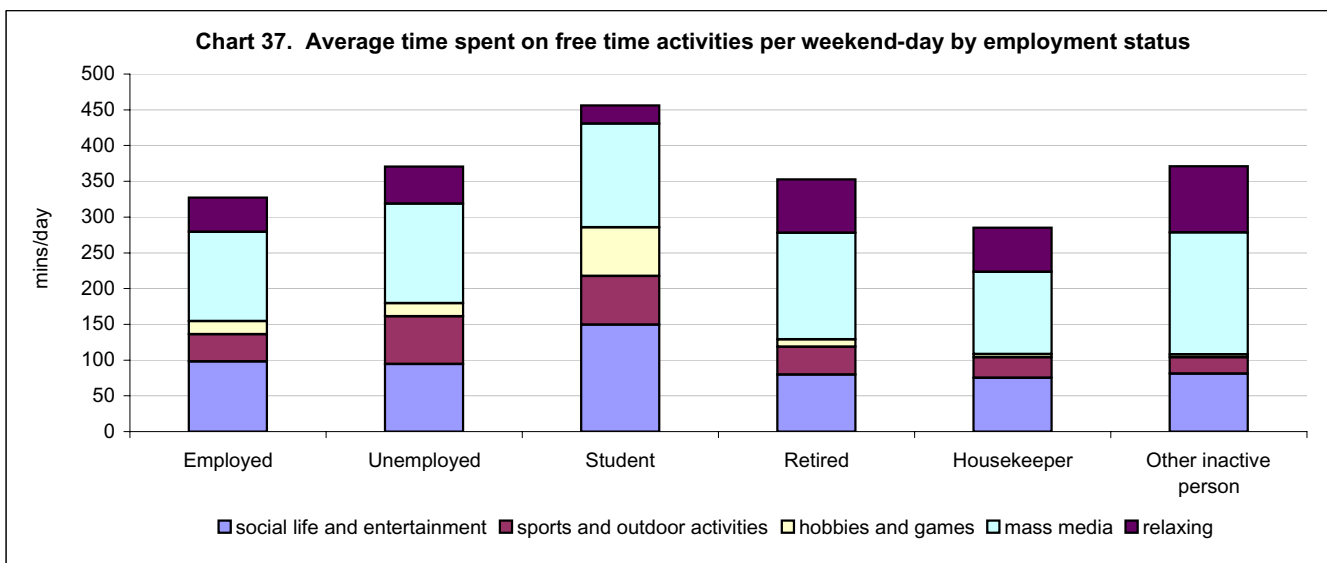


Table 36. Distribution of average time spent on free time activities per weekday by educational level

Type of activity	minutes					
	No schooling	Primary	Secondary	Post-secondary	Tertiary	Total
Social life and entertainment	39.4	51.7	56.0	52.2	66.1	54.1
Sports and outdoor activities	20.5	37.9	21.0	21.5	40.5	28.1
Hobbies and games	4.6	41.4	16.6	27.2	48.4	28.1
Mass media	145.0	147.6	118.0	122.9	81.7	127.3
Relaxing	99.6	53.7	37.2	34.7	33.8	44.3
Total	309.2	332.3	248.8	258.4	270.5	282.0

Type of activity	percentage					
	No schooling	Primary	Secondary	Post-secondary	Tertiary	Total
Social life and entertainment	12.7	15.6	22.5	20.2	24.4	19.2
Sports and outdoor activities	6.6	11.4	8.4	8.3	15.0	10.0
Hobbies and games	1.5	12.5	6.7	10.5	17.9	10.0
Mass media	46.9	44.4	47.4	47.6	30.2	45.1
Relaxing	32.3	16.1	15.0	13.4	12.5	15.7
Total	100.0	100.0	100.0	100.0	100.0	100.0

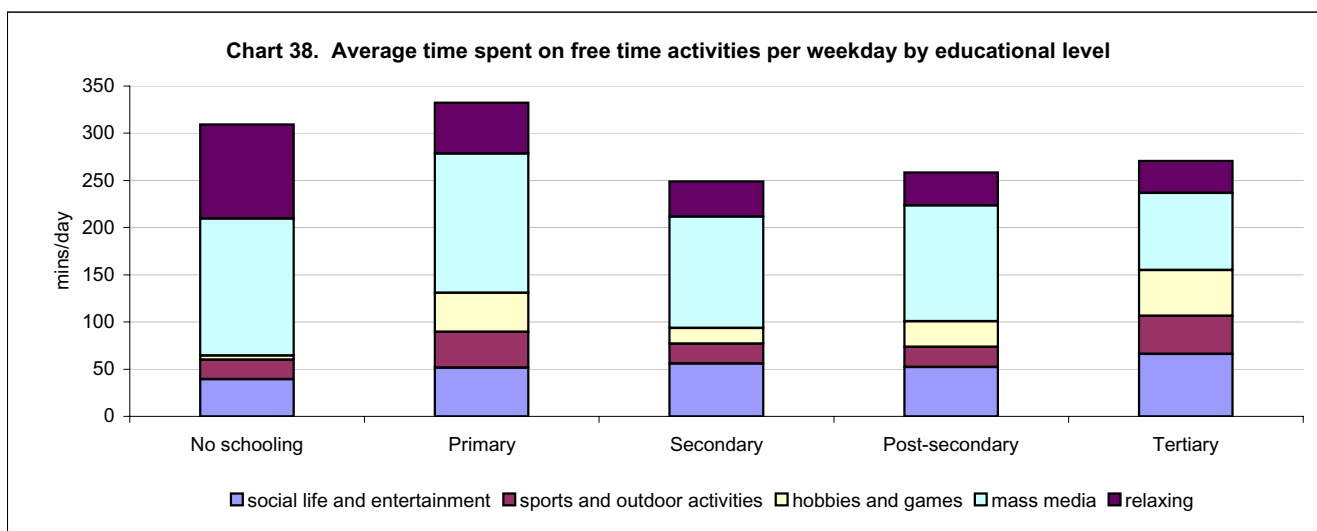


Table 37. Distribution of average time spent on free time activities per weekend-day by educational level

Type of activity	minutes					
	No schooling	Primary	Secondary	Post-secondary	Tertiary	Total
Social life and entertainment	106.0	90.2	104.2	100.2	85.5	97.7
Sports and outdoor activities	42.1	43.7	36.1	47.1	51.9	41.4
Hobbies and games	3.4	28.3	13.9	21.5	38.9	21.1
Mass media	136.6	133.7	128.3	139.9	122.4	131.6
Relaxing	109.4	57.4	48.9	41.0	53.0	53.0
Total	397.7	353.3	331.3	349.7	351.6	344.9

Type of activity	percentage					
	No schooling	Primary	Secondary	Post-secondary	Tertiary	Total
Social life and entertainment	26.7	25.5	31.4	28.7	24.3	28.3
Sports and outdoor activities	10.6	12.4	10.9	13.5	14.8	12.0
Hobbies and games	0.9	8.0	4.2	6.1	11.1	6.1
Mass media	34.4	37.8	38.7	40.0	34.8	38.2
Relaxing	27.4	16.3	14.8	11.7	15.0	15.4
Total	100.0	100.0	100.0	100.0	100.0	100.0

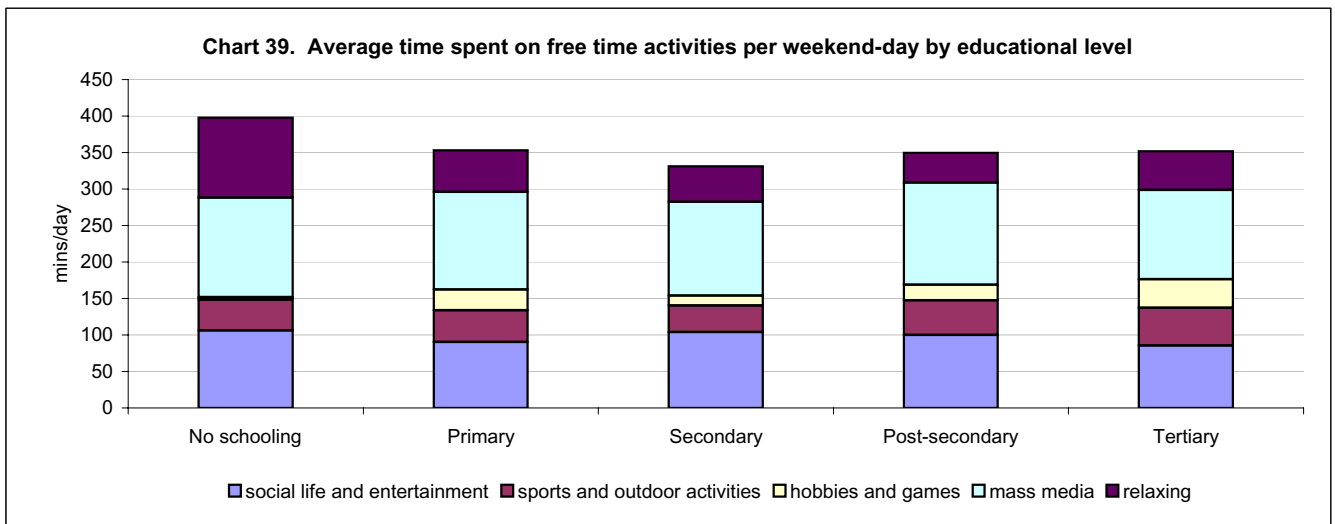


Table 38. Average time spent on mass media per weekday by sex

Type of mass media		minutes		
		Males	Females	Total
Reading of:	Periodicals	6.5	4.5	5.5
	Books	6.8	7.9	7.4
	Other	5.3	5.5	5.4
Watching:	TV	101.1	101.3	101.2
	Video	4.4	2.4	3.4
Listening to:	Radio	3.9	3.6	3.8
	Recordings	0.3	0.9	0.6
Total		128.5	126.1	127.3
		percentage		
Reading of:	Periodicals	5.1	3.6	4.3
	Books	5.3	6.3	5.8
	Other	4.2	4.3	4.3
Watching:	TV	78.7	80.3	79.5
	Video	3.4	1.9	2.7
Listening to:	Radio	3.1	2.9	3.0
	Recordings	0.2	0.7	0.4
Total		100.0	100.0	100.0

Table 39. Average time spent on mass media per weekend-day by sex

Type of mass media		minutes		
		Males	Females	Total
Reading of:	Periodicals	10.7	8.1	9.4
	Books	5.1	7.1	6.2
	Other	3.3	1.7	2.5
Watching:	TV	120.7	94.2	107.1
	Video	3.8	2.6	3.2
Listening to:	Radio	1.9	3.1	2.5
	Recordings	1.3	0.2	0.7
Total		146.8	117.1	131.6
		percentage		
Reading of:	Periodicals	7.3	6.9	7.1
	Books	3.5	6.1	4.7
	Other	2.3	1.5	1.9
Watching:	TV	82.1	80.5	81.4
	Video	2.6	2.2	2.4
Listening to:	Radio	1.3	2.7	1.9
	Recordings	0.9	0.1	0.6
Total		100.0	100.0	100.0

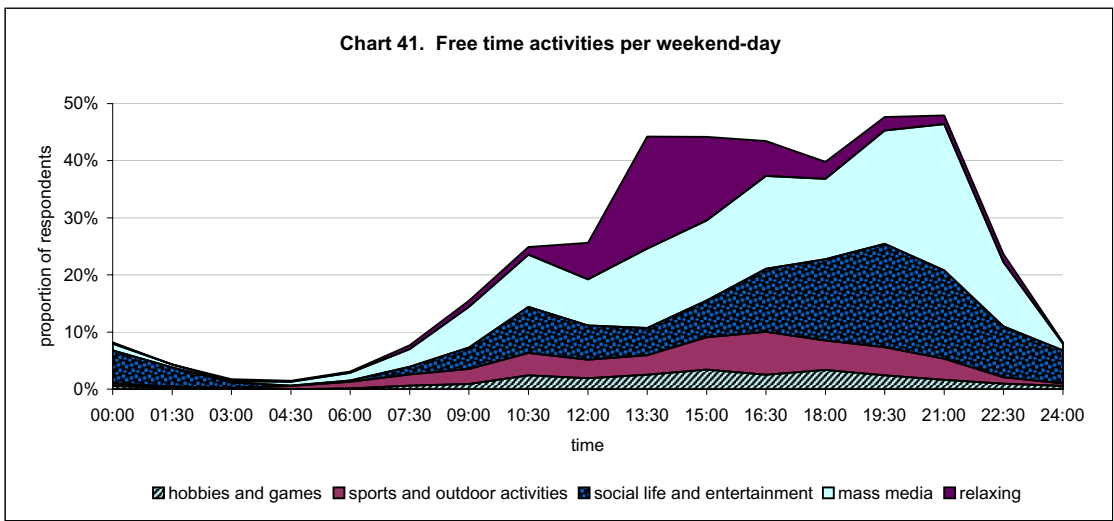
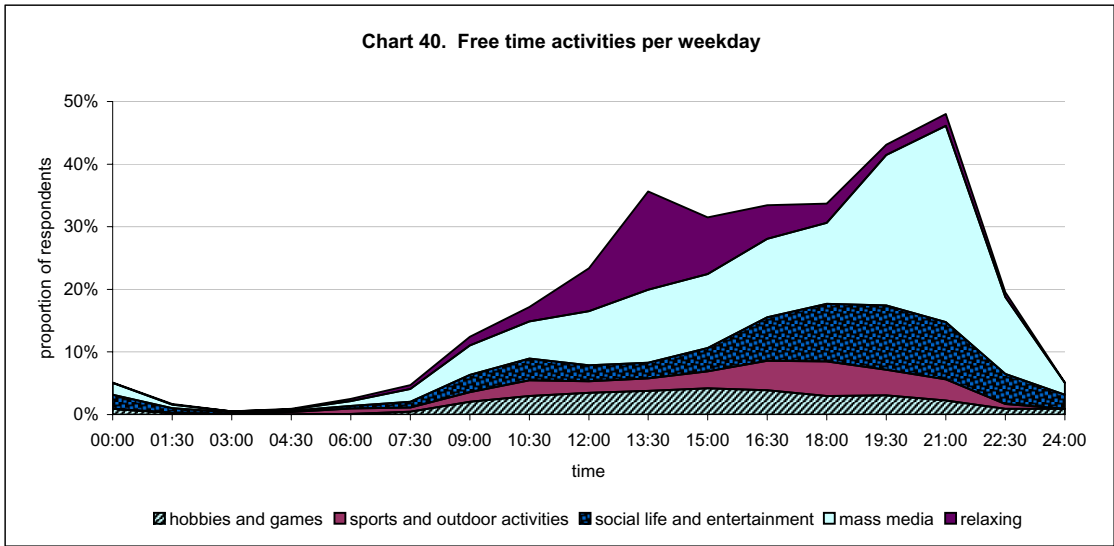


Table 40. Distribution of average time spent on housework and family care per weekday by sex and marital status

Type of activity	minutes								
	Males			Females			Total		
	Married	Single	Total	Married	Single	Total	Married	Single	Total
Food management	25.2	13.2	20.4	137.4	47.3	99.8	81.5	31.1	61.0
Household upkeep	11.3	10.7	11.0	93.8	44.4	73.2	52.8	28.4	42.8
Sewing and laundry	1.3	2.8	1.9	71.6	18.1	49.3	36.6	10.8	26.1
Shopping and services	22.3	16.3	19.9	37.5	26.1	32.7	29.9	21.5	26.5
Child rearing	14.7	0.1	8.9	30.9	7.9	21.3	22.8	4.2	15.2
Help to an adult family member	3.1	0.3	2.0	2.5	2.3	2.4	2.8	1.3	2.2
Other	45.6	20.9	35.8	2.2	6.4	8.6	27.9	13.3	21.9
Total	123.5	64.3	100.1	375.9	152.6	287.4	254.3	110.5	195.8

Type of activity	percentage								
	Males			Females			Total		
	Married	Single	Total	Married	Single	Total	Married	Single	Total
Food management	20.4	20.5	20.4	36.6	31.0	34.7	32.0	28.1	31.2
Household upkeep	9.1	16.6	11.0	25.0	29.2	25.5	20.8	25.7	21.9
Sewing and laundry	1.1	4.4	1.9	19.0	11.9	17.2	14.4	9.8	13.3
Shopping and services	18.1	25.3	19.9	10.0	17.1	11.4	11.8	19.5	13.5
Child rearing	11.9	0.2	8.9	8.2	5.1	7.4	9.0	3.8	7.8
Help to an adult family member	2.5	0.5	2.0	0.7	1.5	0.8	1.1	1.2	1.1
Other	36.9	32.5	36.0	0.6	4.1	3.0	11.0	11.9	11.2
Total	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0

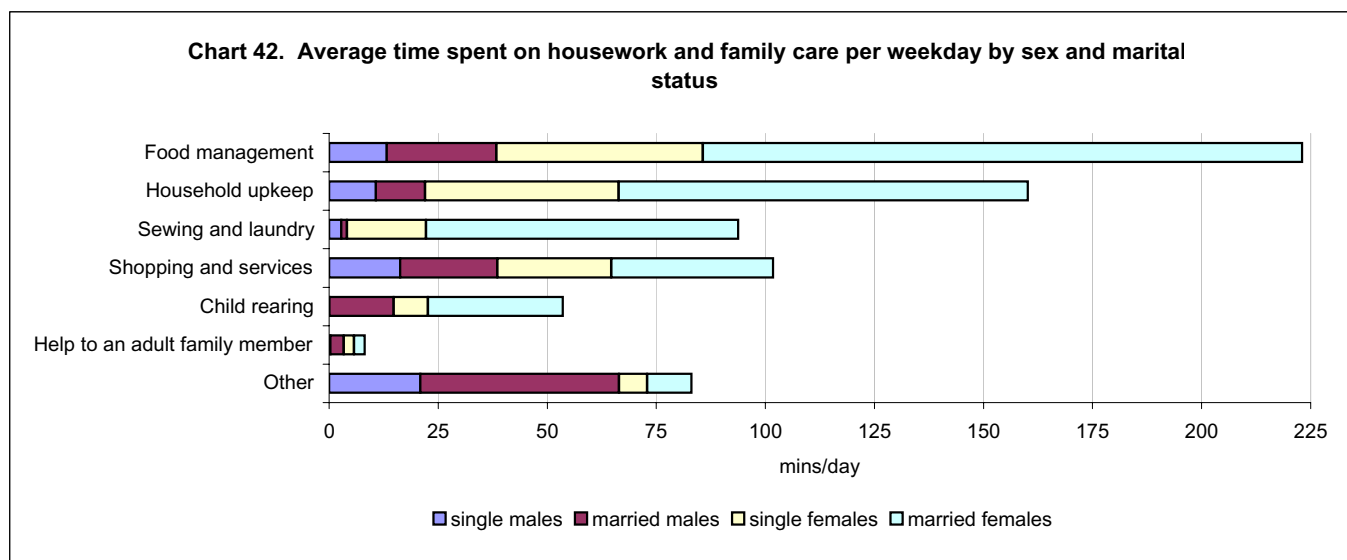


Table 41. Distribution of average time spent on housework and family care per weekend-day by sex and marital status

Type of activity	minutes								
	Males			Females			Total		
	Married	Single	Total	Married	Single	Total	Married	Single	Total
Food management	27.6	13.2	21.8	118.3	49.5	89.5	73.2	32.2	56.4
Household upkeep	17.1	8.6	13.7	65.5	37.1	53.6	41.4	23.5	34.1
Sewing and laundry	3.9	3.4	3.7	44.7	11.2	30.6	24.4	7.5	17.5
Shopping and services	17.2	13.9	15.8	23.1	18.6	21.2	20.1	16.4	18.6
Child rearing	16.5	1.1	10.3	27.6	11.0	20.6	22.1	6.2	15.6
Help to an adult family member	4.0	0.5	2.6	4.6	3.2	4.0	4.3	1.9	3.3
Other	47.1	18.1	35.5	9.4	5.6	7.8	28.1	11.6	21.4
Total	133.3	58.7	103.5	293.1	136.3	227.3	213.6	99.2	166.8

Type of activity	percentage								
	Males			Females			Total		
	Married	Single	Total	Married	Single	Total	Married	Single	Total
Food management	20.7	22.5	21.1	40.4	36.3	39.4	34.3	32.5	33.8
Household upkeep	12.8	14.7	13.2	22.3	27.2	23.6	19.4	23.7	20.4
Sewing and laundry	2.9	5.8	3.6	15.3	8.2	13.5	11.4	7.6	10.5
Shopping and services	12.9	23.7	15.3	7.9	13.6	9.3	9.4	16.5	11.2
Child rearing	12.4	1.9	10.0	9.4	8.1	9.1	10.3	6.3	9.4
Help to an adult family member	3.0	0.9	2.5	1.6	2.3	1.8	2.0	1.9	2.0
Other	35.3	30.6	34.4	3.2	4.2	3.4	13.2	11.6	12.8
Total	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0

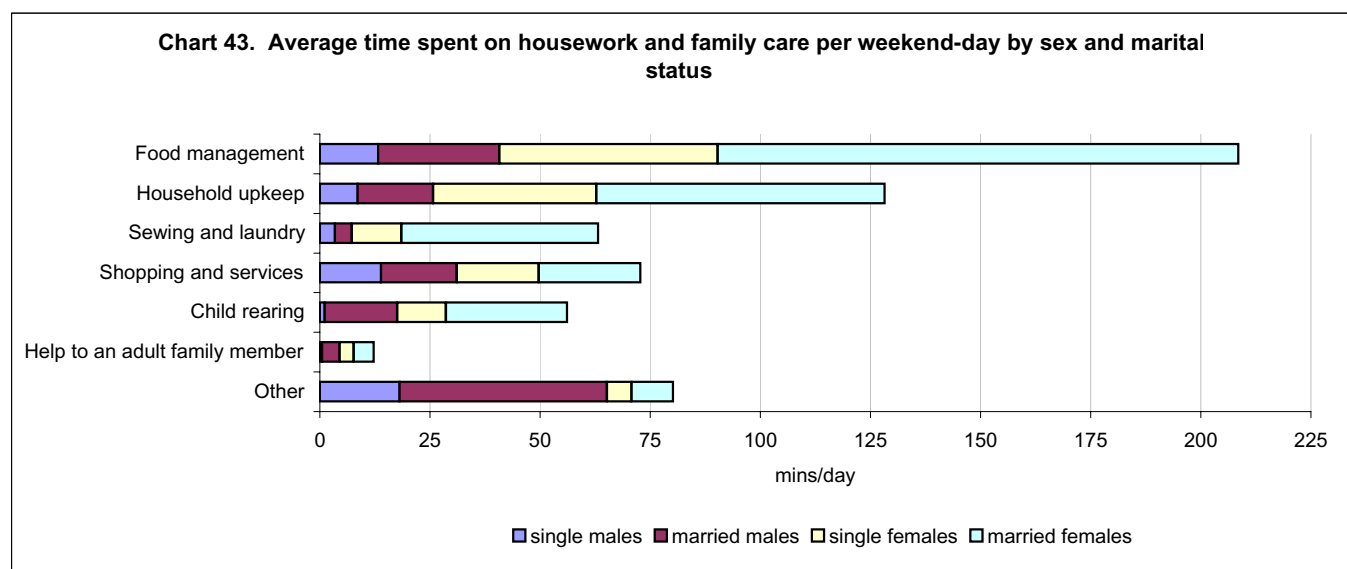


Chart 44. Housework and family care activities per weekday

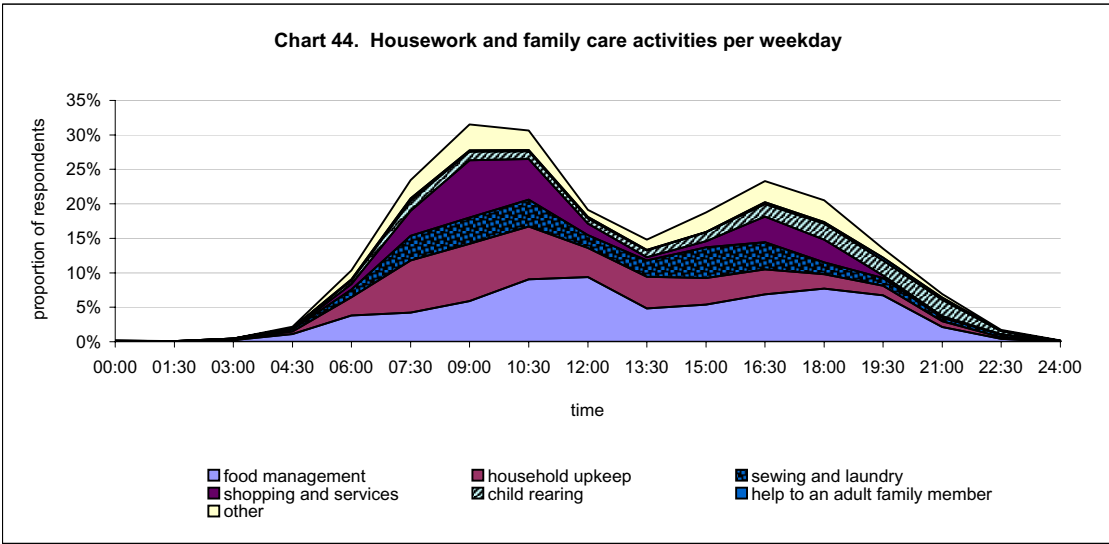


Chart 45. Housework and family care activities per weekend-day

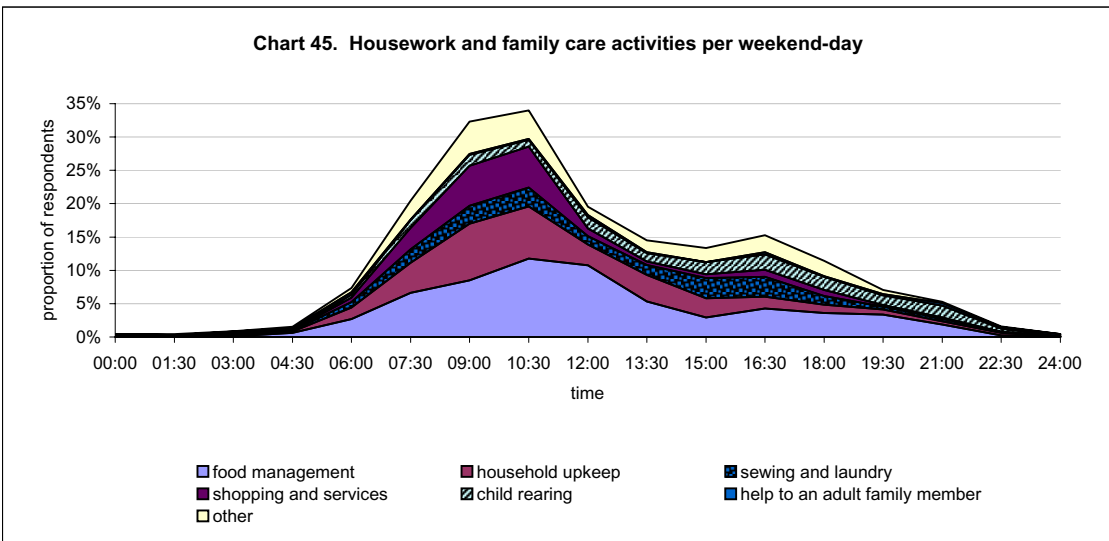


Table 42. Average time spent (in hours) on gainful work and study by married persons by sex and age of youngest child living in household

Age of youngest child	Gainful work and study					
	Males		Females		Total	
	Weekday	Weekend-day	Weekday	Weekend-day	Weekday	Weekend-day
No children*	8.5	1.8	4.6	1.2	6.7	1.5
0-7 years	6.8	2.1	0.7	0.2	4.0	1.2
8-16 years	7.2	3.3	1.7	0.3	4.3	1.8

*This category refers to males and females aged 45 years or less

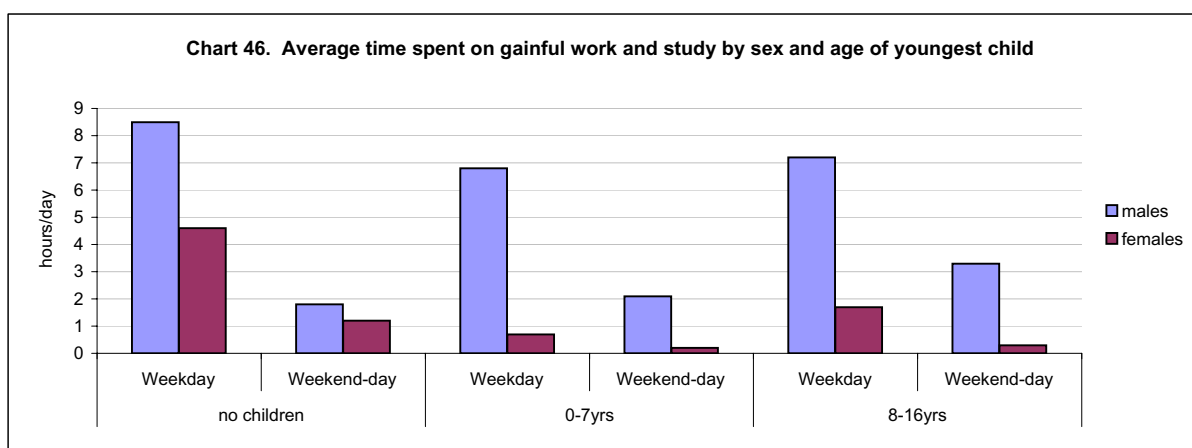


Table 43. Average time spent (in hours) on housework and family care by married persons by sex and age of youngest child living in household

Age of youngest child	Housework and family care					
	Males		Females		Total	
	Weekday	Weekend-day	Weekday	Weekend-day	Weekday	Weekend-day
No children*	1.0	2.0	5.1	5.9	2.9	3.8
0-7 years	2.1	3.1	8.3	5.5	4.9	4.2
8-16 years	1.3	1.4	6.9	5.4	4.2	3.5

*This category refers to males and females aged 45 years or less

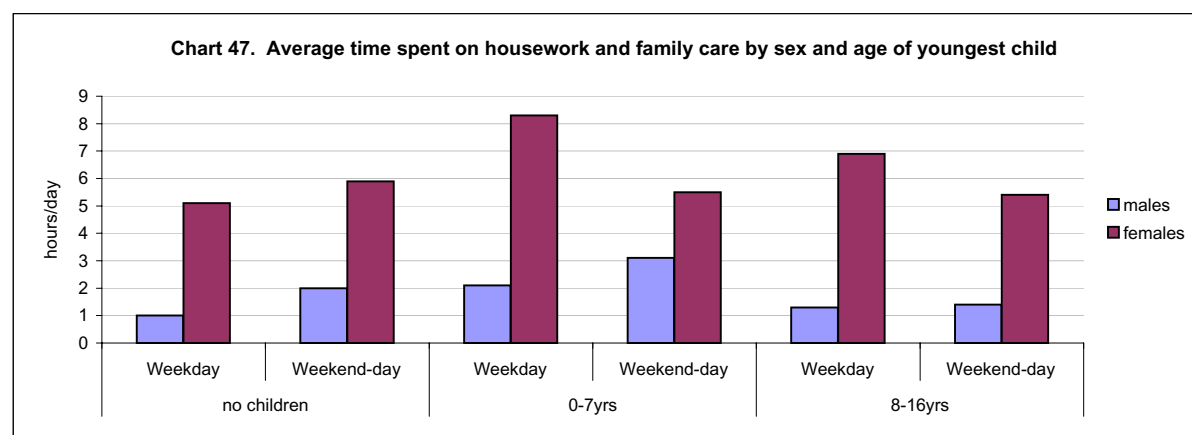


Table 44. Average time spent (in hours) on free time activities by married persons by sex and age of youngest child living in household

Age of youngest child	Free time activities					
	Males		Females		Total	
	Weekday	Weekend-day	Weekday	Weekend-day	Weekday	Weekend-day
No children*	0.7	2.0	0.8	2.4	0.7	2.2
0-7 years	0.9	1.9	1.2	2.0	1.0	2.0
8-16 years	1.2	2.4	1.4	2.5	1.3	2.5

*This category refers to males and females aged 45 years or less

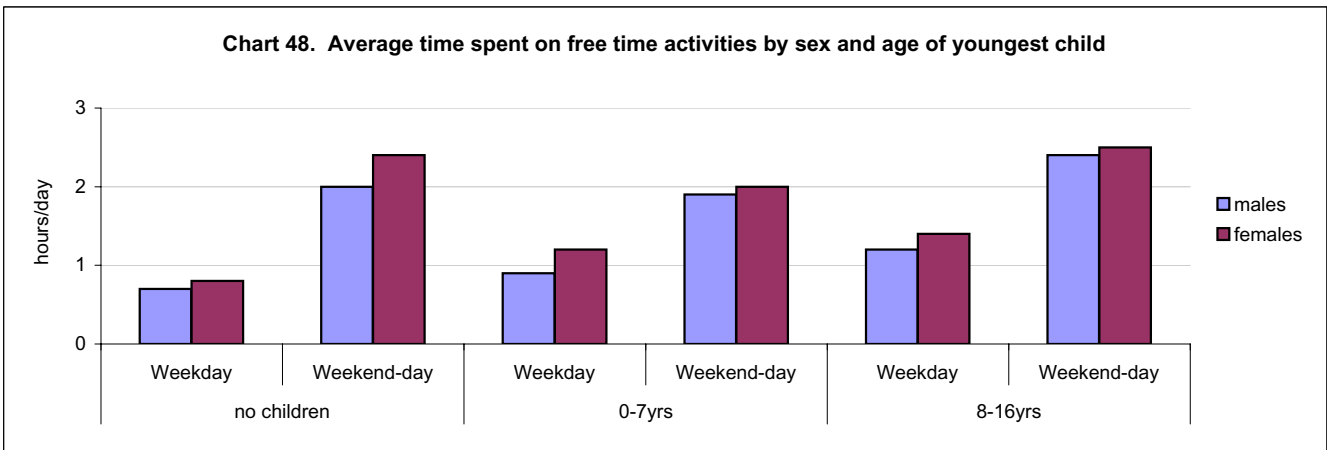


Table 45. Distribution of average time spent on secondary activity per weekday by sex

Type of activity	minutes		
	Males	Females	Total
Personal care	4.0	2.8	3.4
Gainful work and study	13.5	4.2	8.8
House work and family care	4.5	21.8	13.3
Volunteer work and meetings	2.6	4.2	3.4
Free time activities	140.4	187.0	164.2
Travel and unspecified time use	0.3	0.2	0.2
Total	165.2	220.1	193.3

Type of activity	percentage		
	Males	Females	Total
Personal care	2.4	1.3	1.8
Gainful work and study	8.2	1.9	4.5
House work and family care	2.7	9.9	6.9
Volunteer work and meetings	1.6	1.9	1.8
Free time activities	84.9	84.9	84.9
Travel and unspecified time use	0.2	0.1	0.1
Total	100.0	100.0	100.0

Table 46. Distribution of average time spent on secondary activity per weekend-day by sex

Type of activity	minutes		
	Males	Females	Total
Personal care	4.2	6.9	5.6
Gainful work and study	2.6	0.7	1.6
House work and family care	3.9	9.9	7.0
Volunteer work and meetings	3.9	3.1	3.5
Free time activities	172.7	180.9	176.9
Travel and unspecified time use	0.1	0.1	0.1
Total	187.4	201.7	194.7

Type of activity	percentage		
	Males	Females	Total
Personal care	2.2	3.4	2.9
Gainful work and study	1.4	0.3	0.8
House work and family care	2.1	4.9	3.6
Volunteer work and meetings	2.1	1.6	1.8
Free time activities	92.2	89.7	90.8
Travel and unspecified time use	0.0	0.1	0.1
Total	100.0	100.0	100.0

Table 47. Percentage distribution of time spent by males on activities per weekday on a solo or company basis

Type of activity	Solo	With children	With other family members	With friends	With children and other family members	Other	Total
Personal care	43.2	0.4	40.0	11.6	3.6	1.2	100.0
Sleep	33.5	0.3	62.5	1.4	1.9	0.4	100.0
Employment	19.7	-	2.4	77.2	0.1	0.6	100.0
Study	67.2	2.2	7.3	23.3	-	-	100.0
House work and family care	49.3	6.0	30.9	7.1	5.4	1.3	100.0
Volunteer work and meetings	31.0	-	32.5	28.6	3.2	4.7	100.0
Social life and entertainment	25.8	1.3	29.4	37.9	2.6	3.0	100.0
Sports and outdoor activities	30.5	2.2	18.3	45.6	2.4	1.0	100.0
Hobbies and games	54.5	1.2	27.9	15.2	0.5	0.7	100.0
Mass media	41.7	1.4	50.2	2.9	3.1	0.7	100.0
Travel and unspecified time use	49.7	1.5	21.0	22.8	2.6	2.4	100.0
Total	35.2	1.0	38.1	22.5	2.2	1.0	100.0

Table 48. Percentage distribution of time spent by females on activities per weekday on a solo or company basis

Type of activity	Solo	With children	With other family members	With friends	With children and other family members	Other	Total
Personal care	45.6	3.2	39.5	6.4	3.2	2.1	100.0
Sleep	33.2	2.7	62.2	0.3	1.5	0.1	100.0
Employment	18.5	-	1.3	80.2	-	-	100.0
Study	64.2	6.9	6.4	20.5	2.0	-	100.0
Household and family care	57.9	11.5	24.2	3.2	2.4	0.8	100.0
Volunteer work and meetings	33.0	3.4	36.1	23.1	1.5	2.9	100.0
Social life and entertainment	29.9	4.7	34.9	24.5	1.7	4.3	100.0
Sports and outdoor activities	15.1	5.7	36.1	30.4	3.6	9.1	100.0
Hobbies and games	41.0	5.0	18.2	30.5	2.2	3.1	100.0
Mass media	41.4	3.8	49.7	3.0	1.6	0.5	100.0
Travel and unspecified time use	38.8	6.0	30.3	18.4	2.5	4.0	100.0
Total	39.3	4.9	41.6	11.1	1.9	1.2	100.0

Table 49. Percentage distribution of time spent on activities by males per weekend-day on a solo or company basis

Type of activity	Solo	With children	With other family members	With friends	With children and other family members	Other	Total
Personal care	42.2	1.1	41.7	7.6	3.9	3.5	100.0
Sleep	35.5	0.2	59.7	1.7	2.5	0.4	100.0
Employment	23.6	-	3.1	73.3	-	-	100.0
Study	60.3	-	2.1	37.6	-	-	100.0
House work and family care	52.9	9.2	27.5	5.0	4.2	1.2	100.0
Volunteer work and meetings	22.2	0.3	36.0	25.2	6.0	10.3	100.0
Social life and entertainment	19.5	1.1	36.2	31.7	2.8	8.7	100.0
Sports and outdoor activities	21.5	1.3	25.1	47.3	1.8	3.0	100.0
Hobbies and games	56.8	1.8	10.4	27.2	1.0	2.8	100.0
Mass media	38.7	2.0	48.0	5.8	4.3	1.2	100.0
Travel and unspecified time use	32.5	1.8	39.7	18.3	4.2	3.5	100.0
Total	34.7	1.4	43.5	14.9	3.0	2.5	100.0

Table 50. Percentage distribution of time spent on activities by females per weekend-day on a solo or company basis

Type of activity	Solo	With children	With other family members	With friends	With children and other family members	Other	Total
Personal care	42.8	2.1	40.7	6.1	4.0	4.3	100.0
Sleep	33.9	2.7	61.0	1.4	1.0	0.0	100.0
Employment	33.8	-	3.8	62.4	-	-	100.0
Study	75.2	-	16.3	-	8.5	-	100.0
Household and family care	57.2	7.7	27.4	3.7	3.7	0.3	100.0
Volunteer work and meetings	29.8	0.9	39.6	18.7	5.6	5.4	100.0
Social life and entertainment	20.5	1.4	38.7	25.8	2.4	11.2	100.0
Sports and outdoor activities	5.5	3.9	40.4	40.2	5.8	4.2	100.0
Hobbies and games	42.8	-	27.3	19.9	0.6	9.4	100.0
Mass media	44.0	2.0	48.1	2.5	3.1	0.3	100.0
Travel and unspecified time use	23.0	2.5	43.0	24.3	4.7	2.5	100.0
Total	36.8	3.1	45.8	9.4	2.6	2.3	100.0

Table 51. Average time spent on activities per weekday by sex and place of activity

Place	hours		
	Males	Females	Total
Home	15.2	18.4	16.8
Second home or weekend house	0.1	0.3	0.2
Work place or school	4.2	1.4	2.8
Other people's home	0.3	0.3	0.3
Other location (not travelling)	2.7	2.2	2.5
Total	22.4	22.7	22.6

Place	percentage/day		
	Males	Females	Total
Home	63.3	76.7	70.0
Second home or weekend house	0.4	1.3	0.8
Work place or school	17.5	5.8	11.7
Other people's home	1.3	1.4	1.3
Other location (not travelling)	11.3	9.2	10.4
Total	93.5	94.6	94.1

Table 52. Average time spent on activities per weekend-day by sex and place of activity

Place	hours		
	Males	Females	Total
Home	16.0	17.8	16.9
Second home or weekend house	0.1	0.5	0.3
Work place or school	1.4	0.4	0.9
Other people's home	0.6	0.5	0.6
Other location (not travelling)	4.0	3.2	3.6
Total	22.1	22.4	22.3

Place	percentage/day		
	Males	Females	Total
Home	66.7	74.2	70.4
Second home or weekend house	0.4	2.1	1.3
Work place or school	5.8	1.7	3.8
Other people's home	2.5	2.1	2.5
Other location (not travelling)	16.7	13.3	15.0
Total	92.2	93.4	92.8

Table 53. Average travelling time per weekday by sex of traveller and mode of transport

Mode of transport	minutes		
	Males	Females	Total
On foot	24.1	32.3	28.3
Passenger car	50.2	29.4	39.6
Bus or coach	5.4	8.9	7.2
Other	14.2	6.6	10.3
Total	94.0	77.2	85.4

Mode of transport	percentage/day		
	Males	Females	Total
On foot	1.7	2.2	2.0
Passenger car	3.5	2.0	2.7
Bus or coach	0.4	0.6	0.5
Other	1.0	0.5	0.7
Total	6.5	5.4	5.9

Table 54. Average travelling time per weekend-day by sex of traveller and mode of transport

Mode of transport	minutes		
	Males	Females	Total
On foot	29.7	32.2	31.0
By passenger car	62.5	48.5	55.4
By bus or coach	4.5	4.7	4.6
Other	15.9	9.0	12.3
Total	112.6	94.4	103.3

Mode of transport	percentage/day		
	Males	Females	Total
On foot	2.1	2.2	2.2
By passenger car	4.3	3.4	3.8
By bus or coach	0.3	0.3	0.3
Other	1.1	0.6	0.9
Total	7.8	6.6	7.2